| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 3.0 steps outside 50 yd In | 13.25 steps in front of Back side line |
| 1 | 1-8 | 32 | Side 2: 3.0 steps outside 50 yd ln | 1.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | On 50 yd In | 12.0 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1:0.5 steps inside 40 yd ln | 13.75 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1: 4.0 steps inside 35 yd ln | 8.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1:4.0 steps inside 40 yd ln | 4.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 1: 4.0 steps inside 40 yd ln | 4.0 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 1:3.0 steps inside 45 yd ln | 12.0 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 1.25 steps inside 45 yd ln | 12.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 1.0 steps inside 40 yd ln | 8.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 2.0 steps outside 45 yd ln | 14.0 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 2: 4.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 1:2.0 steps inside 45 yd ln | 12.0 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 1:2.0 steps inside 45 yd ln | 12.0 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 1: 4.0 steps inside 35 yd ln | 4.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 1: 4.0 steps inside 35 yd ln | 4.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 1: 2.0 steps inside 40 yd ln | 12.0 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 1:2.0 steps inside 40 yd ln | 12.0 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 1:2.0 steps inside 40 yd ln | 12.0 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 1:2.0 steps inside 45 yd ln | 12.0 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 1: 2.0 steps inside 45 yd ln | 12.0 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 1: 1.5 steps inside 40 yd ln | 7.0 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 1: 1.5 steps inside 40 yd ln | 7.0 steps behind Back Hash |

Performer: (unnamed) Symbol: 2 Label: D7 ID:417

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 1.75 steps inside 45 yd ln | 13.75 steps in front of Back side line |
| 1 | 1-8 | 32 | Side 2: 1.75 steps inside 45 yd ln | 1.75 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 2: 3.0 steps outside 50 yd ln | 12.0 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1:3.25 steps inside 40 yd ln | 12.5 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1: 1.0 steps outside 40 yd ln | 8.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1: 1.0 steps outside 45 yd ln | 4.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 1: 1.0 steps outside 45 yd ln | 4.0 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 1:2.0 steps outside 50 yd ln | 12.0 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 2.0 steps outside 45 yd ln | 12.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 2.0 steps outside 40 yd ln | 8.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 2.0 steps inside 40 yd ln | 10.0 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: On 45 yd In | 12.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 1: 2.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 1:2.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 1: On 40 yd In | 8.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 1: On 40 yd In | 8.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 1:2.0 steps outside 45 yd ln | 12.0 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 1:2.0 steps outside 45 yd ln | 12.0 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 1:2.0 steps outside 45 yd ln | 12.0 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 1:2.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 1:2.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 1:3.0 steps inside 45 yd ln | 9.0 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 1:3.0 steps inside 45 yd ln | 9.0 steps behind Back Hash |


| Perfo | er: (unnamed) | ) Symbo | ol: 3 Label: D8 ID:418 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 1.25 steps outside 45 yd ln | 13.25 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 2: 1.25 steps outside 45 yd ln | 2.75 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 2: 2.0 steps inside 45 yd ln | 12.0 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1: 1.75 steps outside 45 yd ln | 11.75 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1:2.0 steps inside 40 yd ln | 8.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1:2.0 steps inside 45 yd ln | 4.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 1: 2.0 steps inside 45 yd ln | 4.0 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 1.0 steps outside 50 yd ln | 12.0 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 3.25 steps inside 40 yd ln | 12.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 3.0 steps inside 35 yd ln | 8.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 2.0 steps outside 40 yd ln | 6.0 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: 4.0 steps outside 45 yd ln | 12.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 2: 2.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 2: 2.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 1: 4.0 steps inside 40 yd ln | 12.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 1:4.0 steps inside 40 yd ln | 12.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 1: 2.0 steps inside 45 yd ln | 12.0 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 1:2.0 steps inside 45 yd ln | 12.0 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 1:2.0 steps inside 45 yd ln | 12.0 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 2: 2.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 2: 2.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 2: 3.0 steps inside 45 yd ln | 9.0 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 2: 3.0 steps inside 45 yd ln | 9.0 steps behind Back Hash |


| Performer: (unnamed) |  | Symbol: | ol: 4 Label: D9 ID:419 | Drill Design |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts S | Side 1-Side 2 | Front-Back |  |
| 0 | 0 | 0 | Side 2: 4.0 steps inside 40 yd ln | 12.0 steps behind Back Hash |  |
| 1 | 1-8 | 32 S | Side 2: 4.0 steps outside 45 yd ln | 4.0 steps in front of Back Hash |  |
| 2 | 9-12 | 16 | Side 2: 1.0 steps outside 45 yd In | 12.0 steps in front of Back Hash |  |
| 3 | 13-16 | 16 | Side 1: 1.0 steps inside 45 yd ln | 11.0 steps in front of Back Hash |  |
| 4 | 17-20 | 16 | Side 1:3.0 steps outside 45 yd In | 8.0 steps behind Front Hash |  |
| 5 | A 21-24 | 16 | Side 1:3.0 steps outside 50 yd ln | 4.0 steps behind Front Hash |  |
| 6 | 25-28 | 16 | Side 1:3.0 steps outside 50 yd ln | 4.0 steps behind Front Hash |  |
| 7 | B 29-32 | 16 S | Side 2: 4.0 steps outside 50 yd ln | 12.0 steps in front of Back Hash |  |
| 8 | 33-37 | 20 S | Side 2: 0.25 steps inside 40 yd ln | 12.0 steps behind Front Hash |  |
| 9 | 38-39 | 8 S | Side 2: On 35 yd In | 8.0 steps behind Front Hash |  |
| 10 | 40-42 | 12 S | Side 2: 2.0 steps inside 35 yd ln | 2.0 steps behind Front Hash |  |
| 11 | 43-45 | 12 S | Side 2: On 40 yd In | 12.0 steps behind Front Hash |  |
| 12 | 46-47 | 8 S | Side 2: 2.0 steps inside 45 yd ln | 12.0 steps behind Front Hash |  |
| 13 | C48-54 | 28 | Side 2: 2.0 steps inside 45 yd ln | 12.0 steps behind Front Hash |  |
| 14 | 55-58 | 16 S | Side 1: On 45 yd In | 13.0 steps in front of Back Hash |  |
| 15 | 59-61 | 12 S | Side 1: On 45 yd In | 13.0 steps in front of Back Hash |  |
| 16 | 62-64 | 12 S | Side 1: 2.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |  |
| 17 | 65-66 | 8 S | Side 1:2.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |  |
| 18 | D 67-70 | 16 S | Side 1: 2.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |  |
| 19 | 71-74 | 16 S | Side 2: 2.0 steps inside 45 yd ln | 12.0 steps behind Front Hash |  |
| 20 | 75-82 | 32 S | Side 2: 2.0 steps inside 45 yd In | 12.0 steps behind Front Hash |  |
| 21 | 83-94 | 48 S | Side 2: 1.5 steps inside 40 yd In | 7.0 steps behind Back Hash |  |
| 22 | 95-96 | 8 S | Side 2: 1.5 steps inside 40 yd ln | 7.0 steps behind Back Hash |  |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:3.75 steps inside 45 yd In | 3.0 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1:2.75 steps outside 50 yd ln | 9.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1:2.0 steps outside 45 yd ln | 4.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1:2.0 steps outside 35 yd ln | On Front Hash |
| 4 | 17-20 | 16 | Side 1:2.0 steps inside 30 yd ln | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1:2.0 steps inside 30 yd ln | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1:2.0 steps inside 30 yd ln | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1:4.0 steps inside 30 yd ln | 8.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1: 4.0 steps inside 30 yd ln | 8.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1:3.25 steps inside 30 yd ln | 11.0 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1:3.5 steps outside 40 yd In | 4.0 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1: 2.25 steps outside 35 yd ln | 8.5 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1: 1.0 steps outside 30 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: 1.0 steps outside 30 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 0.5 steps inside 35 yd ln | 11.25 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 1:0.5 steps inside 35 yd ln | 11.25 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 1: 4.0 steps inside 40 yd ln | 8.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 1:4.0 steps inside 40 yd ln | 8.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 1: 4.0 steps inside 40 yd ln | 8.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 1: On 40 yd In | 9.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 1: On 40 yd In | 9.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1: 4.0 steps outside 35 yd ln | 8.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1: 4.0 steps outside 35 yd ln | 8.0 steps behind Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 3.75 steps inside 45 yd ln | 3.0 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 2.75 steps outside 50 yd In | 9.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: On 45 yd In | 6.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: On 35 yd In | 2.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: 4.0 steps outside 35 yd ln | 14.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1: 4.0 steps outside 35 yd ln | 14.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1: 4.0 steps outside 35 yd ln | 14.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1: 1.0 steps inside 35 yd ln | 9.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1: 1.0 steps inside 35 yd In | 9.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1: 0.25 steps outside 35 yd In | 8.5 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1: 4.0 steps outside 35 yd ln | 12.5 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1: 1.75 steps outside 35 yd In | 8.5 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1: On 35 yd In | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: On 35 yd In | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 0.75 steps inside 35 yd ln | 8.5 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1: 0.75 steps inside 35 yd ln | 8.5 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: On 40 yd In | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 1: On 40 yd In | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 1: On 40 yd In | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 1: On 40 yd In | 4.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 1: On 40 yd In | 4.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1: 4.0 steps outside 35 yd ln | 8.0 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 1: 4.0 steps outside 35 yd ln | 8.0 steps in front of Front Hash |


| Perfor | er: Symb | A Labe | el: A3 ID:1654143609497 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 3.25 steps inside 40 yd ln | 4.75 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 0.25 steps outside 45 yd ln | 8.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: On 45 yd In | 4.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: On 35 yd In | On Front Hash |
| 4 | 17-20 | 16 | Side 1: 4.0 steps inside 30 yd ln | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1: 4.0 steps inside 30 yd ln | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1: 4.0 steps inside 30 yd ln | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1: On 35 yd In | 8.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1: On 35 yd In | 8.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1: 2.5 steps outside 35 yd ln | 9.25 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1:3.75 steps outside 35 yd ln | 10.25 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1:3.5 steps inside 30 yd ln | 9.5 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1:3.0 steps outside 35 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1:3.0 steps outside 35 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 1.0 steps outside 35 yd ln | 11.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1: 1.0 steps outside 35 yd In | 11.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: 4.0 steps inside 35 yd ln | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 1:4.0 steps inside 35 yd ln | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 1: 4.0 steps outside 40 yd ln | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 1: On 35 yd ln | 7.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 1: On 35 yd In | 7.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1: On 30 yd In | 4.0 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 1: On 30 yd In | 4.0 steps in front of Front Hash |



| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 2.25 steps outside 40 yd ln | 0.25 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1: 4.0 steps inside 40 yd ln | 11.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: 4.0 steps outside 45 yd ln | 6.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: 4.0 steps outside 35 yd ln | 2.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: On 30 yd In | 14.0 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1: On 30 yd In | 14.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1: On 30 yd In | 14.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1: 0.5 steps inside 30 yd ln | 9.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1:0.5 steps inside 30 yd ln | 9.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1: 1.5 steps inside 30 yd ln | 12.25 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1: 2.25 steps inside 35 yd ln | 4.5 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1: 3.25 steps inside 30 yd ln | 9.75 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1: 4.0 steps inside 25 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1:4.0 steps inside 25 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: On 35 yd In | 8.0 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 1: On 35 yd In | 8.0 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 1: 4.0 steps inside 40 yd ln | 4.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 1: 4.0 steps inside 40 yd ln | 4.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 1: 4.0 steps inside 40 yd ln | 4.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 1: On 40 yd In | 6.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 1: On 40 yd In | 6.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1: On 35 yd In | 12.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1: On 35 yd In | 12.0 steps behind Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 1.25 steps outside 45 yd In | 2.25 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 1: 1.75 steps inside 45 yd ln | 13.5 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: 2.0 steps outside 45 yd ln | 6.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: 2.0 steps outside 35 yd ln | 2.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1:2.0 steps inside 30 yd ln | 14.0 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1:2.0 steps inside 30 yd ln | 14.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1:2.0 steps inside 30 yd ln | 14.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1:3.5 steps outside 35 yd ln | 7.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1:3.5 steps outside 35 yd ln | 7.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1: 0.25 steps outside 35 yd ln | 9.5 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1:0.75 steps inside 40 yd ln | 4.25 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1:3.5 steps inside 35 yd In | 8.5 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1: 3.0 steps outside 35 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: 3.0 steps outside 35 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 2.5 steps inside 35 yd ln | 10.25 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1:2.5 steps inside 35 yd In | 10.25 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: On 40 yd In | 8.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 1: On 40 yd In | 8.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 1: On 40 yd ln | 8.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 1: On 40 yd In | 13.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 1: On 40 yd In | 13.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1: On 30 yd In | 4.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1: On 30 yd ln | 4.0 steps behind Front Hash |


| Perfor | er: Symb | A Labe | el: A7 ID:1654143609501 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 1: On 35 yd In | 3.75 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 1:0.5 steps outside 40 yd ln | 11.75 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 1: 4.0 steps outside 45 yd ln | 8.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: 4.0 steps outside 35 yd ln | 4.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: On 30 yd ln | 12.0 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1: On 30 yd In | 12.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1: On 30 yd In | 12.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1:0.5 steps outside 30 yd ln | 9.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1: 0.5 steps outside 30 yd ln | 9.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1:0.75 steps inside 30 yd ln | 13.75 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1: 0.25 steps inside 35 yd ln | 5.25 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1: 1.0 steps inside 30 yd ln | 11.75 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1: 4.0 steps inside 25 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1:4.0 steps inside 25 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 4.0 steps inside 30 yd ln | 8.0 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 1:4.0 steps inside 30 yd ln | 8.0 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 1: On 40 yd In | 4.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 1: On 40 yd In | 4.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 1: On 40 yd In | 4.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 1: On 40 yd In | 3.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 1: On 40 yd In | 3.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1:4.0 steps outside 40 yd ln | 12.0 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 1: 4.0 steps outside 40 yd ln | 12.0 steps in front of Back Hash |



| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: On 50 yd In | 3.25 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 2: On 50 yd In | 14.0 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: On 45 yd In | 8.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: On 35 yd ln | 4.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: 4.0 steps outside 35 yd ln | 12.0 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1: 4.0 steps outside 35 yd ln | 12.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1: 4.0 steps outside 35 yd ln | 12.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1: 1.0 steps outside 35 yd ln | 9.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1: 1.0 steps outside 35 yd ln | 9.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1:3.5 steps inside 30 yd ln | 10.25 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1: 2.75 steps outside 35 yd ln | 8.25 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1: 1.25 steps inside 30 yd ln | 11.25 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1: 2.0 steps inside 30 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: 2.0 steps inside 30 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 2.25 steps outside 35 yd ln | 14.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1: 2.25 steps outside 35 yd In | 14.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: On 35 yd In | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 1: On 35 yd In | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 1: On 35 yd In | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 1: On 35 yd In | 4.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 1: On 35 yd In | 4.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1:3.75 steps outside 30 yd In | 8.0 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 1:3.75 steps outside 30 yd ln | 8.0 steps in front of Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 2.25 steps outside 40 yd ln | 0.25 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 4.0 steps inside 40 yd ln | 11.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 0.25 steps inside 35 yd In | 11.5 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 0.75 steps outside 45 yd In | 10.5 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1: 2.75 steps inside 45 yd ln | 9.5 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 1:4.0 steps inside 45 yd ln | 12.25 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 2: 2.5 steps outside 50 yd ln | 13.75 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 1.25 steps inside 40 yd ln | 12.5 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 1.5 steps outside 35 yd ln | 4.25 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 1.5 steps outside 30 yd ln | 1.25 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 3.5 steps inside 30 yd ln | 5.75 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: 2.5 steps outside 40 yd ln | 8.0 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: 1.0 steps inside 40 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 1.0 steps inside 40 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 3.25 steps inside 35 yd ln | 4.75 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 3.25 steps inside 35 yd ln | 4.75 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: On 40 yd In | 4.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: On 40 yd In | 4.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: On 40 yd In | 4.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: On 40 yd In | 3.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: On 40 yd In | 3.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 45 yd ln | 12.0 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 45 yd ln | 12.0 steps in front of Back Hash |


| Performer: Symbol: B La |  |  | el: B2 ID:310 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 1.25 steps outside 45 yd ln | 2.25 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 2: 1.75 steps inside 45 yd ln | 13.5 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 2.5 steps inside 35 yd ln | 12.75 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 1.75 steps inside 45 yd In | 10.0 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1: 0.5 steps inside 45 yd ln | 10.5 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 1: 0.25 steps outside 45 yd In | 14.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 2: 0.75 steps inside 45 yd In | 10.25 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 2.0 steps inside 35 yd ln | 13.25 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 0.75 steps outside 30 yd ln | 2.75 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 2: 2.25 steps outside 30 yd ln | 0.75 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 2: 2.0 steps inside 30 yd ln | 7.25 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: 2.5 steps inside 35 yd ln | 8.25 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: 2.0 steps outside 40 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 2.0 steps outside 40 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: On 35 yd In | 5.25 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: On 35 yd In | 5.25 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 40 yd ln | 4.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 40 yd ln | 4.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 40 yd ln | 4.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: On 40 yd In | 6.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: On 40 yd In | 6.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: On 40 yd In | 12.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: On 40 yd In | 12.0 steps behind Front Hash |

## Performer: Symbol: C Label: C1 ID:1654143577476

Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 2.25 steps outside 30 yd ln | 9.0 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 1:2.0 steps inside 35 yd ln | 0.5 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 1: On 35 yd In | On Front Hash |
| 3 | 13-16 | 16 | Side 1: On 35 yd In | 12.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 1:2.0 steps inside 40 yd ln | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1:2.0 steps inside 40 yd ln | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1: 2.0 steps inside 40 yd ln | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1:4.0 steps inside 40 yd ln | 8.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1: 4.0 steps inside 40 yd ln | 8.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1:3.0 steps inside 40 yd ln | 8.5 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1: 2.5 steps inside 45 yd ln | 8.75 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1: 1.25 steps inside 45 yd ln | 12.25 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1: 4.0 steps inside 40 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1:4.0 steps inside 40 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1:2.5 steps inside 45 yd ln | 9.5 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1:2.5 steps inside 45 yd ln | 9.5 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: 4.0 steps inside 45 yd ln | 8.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 1:4.0 steps inside 45 yd ln | 8.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 1: 4.0 steps inside 45 yd ln | 8.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 1: On 45 yd In | 9.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 1: On 45 yd In | 9.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1: 4.0 steps outside 40 yd ln | 8.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1: 4.0 steps outside 40 yd ln | 8.0 steps behind Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 4.0 steps inside 30 yd ln | 12.75 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1:2.0 steps outside 40 yd ln | 3.5 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: On 35 yd In | 2.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: On 35 yd In | 14.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 1:2.0 steps inside 40 yd ln | 14.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1:2.0 steps inside 40 yd ln | 14.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1:2.0 steps inside 40 yd ln | 14.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1: 3.5 steps outside 45 yd ln | 7.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1:3.5 steps outside 45 yd ln | 7.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1: 2.75 steps outside 45 yd In | 8.25 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1:3.75 steps outside 50 yd ln | 10.0 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1:4.0 steps inside 45 yd ln | 13.25 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1: 1.0 steps outside 45 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: 1.0 steps outside 45 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 2.25 steps outside 50 yd ln | 10.5 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1:2.25 steps outside 50 yd ln | 10.5 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: On 50 yd In | 4.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 1: On 50 yd In | 4.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: On 50 yd In | 4.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | On 50 yd ln | 3.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | On 50 yd ln | 3.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1: 4.0 steps outside 50 yd ln | 12.0 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 1: 4.0 steps outside 50 yd ln | 12.0 steps in front of Back Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:3.25 steps inside 35 yd ln | 8.0 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1:2.5 steps inside 40 yd ln | 6.5 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: On 35 yd In | 4.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: On 35 yd In | 12.0 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 1: 2.0 steps inside 40 yd ln | 12.0 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1: 2.0 steps inside 40 yd ln | 12.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1:2.0 steps inside 40 yd ln | 12.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1:3.5 steps inside 40 yd ln | 7.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1:3.5 steps inside 40 yd ln | 7.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1: 0.75 steps inside 40 yd In | 8.5 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1: 0.75 steps inside 45 yd ln | 7.5 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1: 1.5 steps outside 45 yd ln | 11.5 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1: 1.0 steps inside 40 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: 1.0 steps inside 40 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 0.75 steps outside 45 yd In | 8.5 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1: 0.75 steps outside 45 yd ln | 8.5 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: On 45 yd In | 8.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 1: On 45 yd In | 8.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 1: On 45 yd In | 8.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 1: On 45 yd In | 12.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 1: On 45 yd In | 12.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1: On 40 yd In | 4.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1: On 40 yd In | 4.0 steps behind Front Hash |


| Perfor | er: Symb |  | el: C4 ID:1654143577479 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 1: 2.5 steps outside 35 yd ln | 4.5 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1: 1.75 steps outside 40 yd ln | 9.0 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1:2.0 steps outside 35 yd ln | 4.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1:2.0 steps outside 35 yd ln | 12.0 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 1: On 40 yd In | 12.0 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1: On 40 yd In | 12.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1: On 40 yd In | 12.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1: 0.5 steps outside 40 yd ln | 9.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1: 0.5 steps outside 40 yd ln | 9.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1: 1.75 steps inside 35 yd ln | 8.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1: 3.25 steps outside 35 yd ln | 13.5 steps behind Front side line |
| 11 | 43-45 | 12 | Side 1: 1.0 steps inside 35 yd ln | 8.25 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1:3.0 steps inside 35 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1:3.0 steps inside 35 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1:3.0 steps inside 35 yd ln | 6.25 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1:3.0 steps inside 35 yd In | 6.25 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: 4.0 steps inside 40 yd ln | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 1:4.0 steps inside 40 yd ln | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 1: 4.0 steps inside 40 yd ln | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 1: On 40 yd In | 7.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 1: On 40 yd In | 7.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1: On 35 yd In | 4.0 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 1: On 35 yd In | 4.0 steps in front of Front Hash |

## Performer: Symbol: C Label: C5 ID:1654143577480

Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:3.0 steps inside 20 yd ln | 3.0 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 1: 1.75 steps inside 30 yd ln | 4.25 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 1: 2.0 steps outside 35 yd ln | 12.0 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 1:2.0 steps outside 45 yd ln | 12.0 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 1: 2.0 steps outside 50 yd ln | 12.0 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1:2.0 steps outside 50 yd ln | 12.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1:2.0 steps outside 50 yd ln | 12.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1:3.5 steps inside 45 yd ln | 7.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1:3.5 steps inside 45 yd ln | 7.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1: 0.5 steps outside 45 yd ln | 8.25 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1: 1.75 steps outside 50 yd ln | 11.0 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1: 1.5 steps outside 50 yd ln | 13.75 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1: 2.0 steps inside 45 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1:2.0 steps inside 45 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 0.75 steps outside 50 yd ln | 12.25 steps behind Front side line |
| 15 | 59-61 | 12 | Side 2: 0.75 steps outside 50 yd ln | 12.25 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 50 yd ln | 4.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 50 yd ln | 4.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 50 yd ln | 4.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | On 50 yd ln | 6.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | On 50 yd ln | 6.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1: On 45 yd In | 12.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1: On 45 yd In | 12.0 steps behind Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 0.25 steps outside 25 yd ln | 11.0 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 1:3.0 steps outside 35 yd ln | 1.0 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1:2.0 steps outside 35 yd ln | On Front Hash |
| 3 | 13-16 | 16 | Side 1: 2.0 steps outside 35 yd ln | 12.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 1: On 40 yd In | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1: On 40 yd In | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1: On 40 yd In | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1: On 40 yd In | 8.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1: On 40 yd ln | 8.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1:3.75 steps outside 40 yd ln | 8.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1: 2.25 steps outside 35 yd ln | 11.5 steps behind Front side line |
| 11 | 43-45 | 12 | Side 1:4.0 steps inside 35 yd ln | 8.25 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1:2.0 steps outside 40 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: 2.0 steps outside 40 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 2.25 steps outside 40 yd ln | 5.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1: 2.25 steps outside 40 yd ln | 5.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: On 45 yd In | 8.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 1: On 45 yd In | 8.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 1: On 45 yd In | 8.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 1: On 45 yd In | 13.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 1: On 45 yd In | 13.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1: On 40 yd In | 4.0 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 1: On 40 yd In | 4.0 steps in front of Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:2.0 steps outside 30 yd ln | 10.0 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1: 1.25 steps inside 35 yd ln | 5.5 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: 2.0 steps outside 35 yd ln | 2.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: 2.0 steps outside 35 yd ln | 14.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 1: On 40 yd In | 14.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1: On 40 yd In | 14.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1: On 40 yd In | 14.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1:0.5 steps inside 40 yd ln | 9.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1:0.5 steps inside 40 yd ln | 9.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1: 1.5 steps outside 40 yd ln | 7.75 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1: 0.75 steps outside 35 yd ln | 10.25 steps behind Front side line |
| 11 | 43-45 | 12 | Side 1: 1.25 steps outside 40 yd ln | 8.25 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1: 1.0 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: 1.0 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 0.75 steps inside 40 yd ln | 4.25 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1:0.75 steps inside 40 yd ln | 4.25 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: 4.0 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 1:4.0 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 1: 4.0 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 1: On 45 yd In | 10.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 1: On 45 yd In | 10.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1:4.0 steps outside 40 yd ln | On Front Hash |
| 22 | 95-96 | 8 | Side 1: 4.0 steps outside 40 yd ln | On Front Hash |



Performer: Symbol: C Label: C9 ID:1654143577484
Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 1.75 steps inside 20 yd ln | 13.0 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 1: 0.5 steps inside 30 yd ln | 3.0 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: 4.0 steps inside 30 yd ln | On Front Hash |
| 3 | 13-16 | 16 | Side 1: 4.0 steps inside 30 yd ln | 12.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 1: 2.0 steps outside 40 yd ln | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1: 2.0 steps outside 40 yd ln | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1: 2.0 steps outside 40 yd ln | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1: 4.0 steps inside 35 yd ln | 8.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1: 4.0 steps inside 35 yd ln | 8.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1:3.75 steps outside 40 yd ln | 9.0 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1:3.25 steps outside 45 yd ln | 5.5 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1:1.0 steps inside 40 yd In | 9.75 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1:3.0 steps inside 35 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1:3.0 steps inside 35 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 0.5 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1: 0.5 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: On 45 yd ln | 4.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 1: On 45 yd ln | 4.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 1: On 45 yd ln | 4.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 1: On 45 yd In | 3.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 1: On 45 yd ln | 3.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1: 4.0 steps outside 45 yd ln | 12.0 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 1: 4.0 steps outside 45 yd ln | 12.0 steps in front of Back Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: On 25 yd In | 7.5 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1:3.25 steps outside 35 yd ln | 8.25 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1:4.0 steps inside 30 yd ln | 2.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1:4.0 steps inside 30 yd ln | 14.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 1: 2.0 steps outside 40 yd ln | 14.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1:2.0 steps outside 40 yd ln | 14.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1: 2.0 steps outside 40 yd In | 14.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1: 3.5 steps outside 40 yd ln | 7.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1:3.5 steps outside 40 yd In | 7.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1: 1.5 steps outside 40 yd ln | 8.75 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1:1.25 steps outside 45 yd ln | 6.5 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1:3.75 steps inside 40 yd ln | 10.5 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1: 2.0 steps outside 40 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: 2.0 steps outside 40 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1:4.0 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1:4.0 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: 4.0 steps inside 45 yd ln | 4.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 1:4.0 steps inside 45 yd ln | 4.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 1:4.0 steps inside 45 yd ln | 4.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 1: On 45 yd ln | 6.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 1: On 45 yd In | 6.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1: On 40 yd In | 12.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1: On 40 yd In | 12.0 steps behind Front Hash |


| Perfor | mer: Symb | F Labe | I: F1 ID:1654143487615 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 1: 4.0 steps outside 25 yd ln | 13.25 steps behind Front side line |
| 1 | 1-8 | 32 | Side 1:4.0 steps inside 30 yd ln | 12.0 steps behind Front side line |
| 2 | 9-12 | 16 | Side 1: On 35 yd In | 12.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 1: On 45 yd In | 12.0 steps behind Front side line |
| 4 | 17-20 | 16 | On 50 yd ln | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | On 50 yd ln | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | On 50 yd ln | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | On 50 yd ln | 8.0 steps behind Front side line |
| 8 | 33-37 | 20 | On 50 yd In | 8.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1: 1.75 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1: 1.75 steps inside 40 yd In | 8.25 steps behind Front side line |
| 11 | 43-45 | 12 | Side 1: 2.75 steps outside 50 yd ln | 8.0 steps behind Front side line |
| 12 | 46-47 | 8 | On 50 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | On 50 yd In | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: On 50 yd In | 7.25 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1: On 50 yd In | 7.25 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: On 50 yd In | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: On 50 yd In | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | On 50 yd ln | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | On 50 yd ln | 4.0 steps behind Front side line |
| 20 | 75-82 | 32 | On 50 yd In | 4.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1: 4.0 steps inside 40 yd ln | 8.0 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 1: 4.0 steps inside 40 yd ln | 8.0 steps in front of Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 2.25 steps outside 25 yd ln | 6.25 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 1:3.0 steps outside 35 yd ln | 10.5 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 1: On 35 yd In | 14.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 1: On 45 yd In | 14.0 steps behind Front side line |
| 4 | 17-20 | 16 | On 50 yd In | 14.0 steps behind Front side line |
| 5 | A 21-24 | 16 | On 50 yd ln | 14.0 steps behind Front side line |
| 6 | 25-28 | 16 | On 50 yd ln | 14.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 2: 0.5 steps outside 50 yd ln | 9.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 2: 0.5 steps outside 50 yd ln | 9.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1: 4.0 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1: 4.0 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 11 | 43-45 | 12 | On 50 yd In | 8.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 3.0 steps outside 50 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 3.0 steps outside 50 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 2.75 steps outside 50 yd In | 8.75 steps behind Front side line |
| 15 | 59-61 | 12 | Side 2: 2.75 steps outside 50 yd In | 8.75 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: 4.0 steps inside 45 yd ln | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: 4.0 steps inside 45 yd ln | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 50 yd ln | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | On 50 yd ln | 7.0 steps behind Front side line |
| 20 | 75-82 | 32 | On 50 yd ln | 7.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1: 4.0 steps inside 45 yd ln | On Front Hash |
| 22 | 95-96 | 8 | Side 1: 4.0 steps inside 45 yd ln | On Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 0.5 steps outside 30 yd ln | 1.0 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1: 1.75 steps inside 35 yd ln | 12.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: 4.0 steps inside 30 yd ln | 4.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: 4.0 steps inside 30 yd ln | 12.0 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 1: 2.0 steps outside 40 yd ln | 12.0 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1:2.0 steps outside 40 yd ln | 12.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1: 2.0 steps outside 40 yd ln | 12.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1:3.5 steps inside 35 yd ln | 7.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1:3.5 steps inside 35 yd ln | 7.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1:2.0 steps inside 35 yd ln | 9.25 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1: 2.75 steps inside 40 yd ln | 4.75 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1: 1.75 steps outside 40 yd ln | 9.0 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1: On 35 yd In | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: On 35 yd In | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 2.75 steps outside 40 yd ln | 8.5 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1: 2.75 steps outside 40 yd ln | 8.5 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: 4.0 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 1:4.0 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 1: 4.0 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 1: On 40 yd In | 10.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 1: On 40 yd In | 10.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1:4.0 steps outside 35 yd ln | On Front Hash |
| 22 | 95-96 | 8 | Side 1: 4.0 steps outside 35 yd ln | On Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 1.0 steps inside 25 yd ln | 1.75 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 1: 1.0 steps outside 35 yd ln | 5.25 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 1: On 35 yd In | 12.0 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 1: On 45 yd In | 12.0 steps in front of Front Hash |
| 4 | 17-20 | 16 | On 50 yd In | 12.0 steps in front of Front Hash |
| 5 | A 21-24 | 16 | On 50 yd ln | 12.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | On 50 yd ln | 12.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1:0.5 steps outside 50 yd ln | 9.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1: 0.5 steps outside 50 yd ln | 9.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1: 0.5 steps outside 45 yd ln | 7.75 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1:0.25 steps outside 40 yd In | 8.25 steps behind Front side line |
| 11 | 43-45 | 12 | Side 1: 2.25 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1:3.0 steps outside 50 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1:3.0 steps outside 50 yd In | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1:3.0 steps outside 50 yd ln | 6.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1:3.0 steps outside 50 yd ln | 6.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: 4.0 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: 4.0 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps behind Front side line |
| 19 | 71-74 | 16 | On 50 yd In | 10.0 steps behind Front side line |
| 20 | 75-82 | 32 | On 50 yd In | 10.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1:4.0 steps inside 45 yd ln | 8.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1:4.0 steps inside 45 yd ln | 8.0 steps behind Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:2.0 steps outside 20 yd ln | 13.25 steps behind Front side line |
| 1 | 1-8 | 32 | Side 1:2.0 steps outside 30 yd ln | 12.0 steps behind Front side line |
| 2 | 9-12 | 16 | Side 1:2.0 steps outside 35 yd ln | 12.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 1:2.0 steps outside 45 yd ln | 12.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 1:2.0 steps outside 50 yd ln | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1:2.0 steps outside 50 yd ln | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1: 2.0 steps outside 50 yd ln | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1: 4.0 steps inside 45 yd ln | 8.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1: 4.0 steps inside 45 yd ln | 8.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1: 1.75 steps inside 45 yd ln | 8.0 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1: On 50 yd In | 12.25 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: 1.25 steps outside 50 yd ln | 12.5 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1:3.0 steps outside 50 yd In | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1:3.0 steps outside 50 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 3.25 steps outside 50 yd In | 13.75 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 3.25 steps outside 50 yd In | 13.75 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: On 50 yd In | 8.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: On 50 yd In | 8.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 1: On 50 yd In | 8.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | On 50 yd ln | 12.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | On 50 yd In | 12.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | On 50 yd ln | 4.0 steps behind Front Hash |
| 22 | 95-96 | 8 | On 50 yd ln | 4.0 steps behind Front Hash |


| Perfor | mer: Symb | F Labe | I: F5 ID:1654143487619 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 1: 0.25 steps outside 20 yd ln | 5.5 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 1: 0.75 steps outside 30 yd ln | 10.0 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 1: 2.0 steps outside 35 yd ln | 14.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 1:2.0 steps outside 45 yd In | 14.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 1:2.0 steps outside 50 yd ln | 14.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1:2.0 steps outside 50 yd ln | 14.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1:2.0 steps outside 50 yd ln | 14.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1:3.5 steps outside 50 yd ln | 7.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1:3.5 steps outside 50 yd ln | 7.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1:4.0 steps inside 45 yd ln | 8.0 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 2: 1.75 steps outside 50 yd In | 13.5 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: 3.75 steps outside 50 yd In | 11.25 steps behind Front side line |
| 12 | 46-47 | 8 | On 50 yd In | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | On 50 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 2.25 steps inside 45 yd ln | 11.5 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 2.25 steps inside 45 yd ln | 11.5 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | On 50 yd ln | 9.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | On 50 yd ln | 9.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1: 4.0 steps outside 45 yd ln | 8.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1: 4.0 steps outside 45 yd ln | 8.0 steps behind Front Hash |


| Performer: Symbol: F La |  |  | Label: F6 ID:1654143487620 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 1: On 15 yd In | 13.25 steps behind Front side line |
| 1 | 1-8 | 32 | Side 1:2.0 steps inside 25 yd ln | 12.0 steps behind Front side line |
| 2 | 9-12 | 16 | Side 1: 4.0 steps inside 30 yd ln | 12.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 1:4.0 steps inside 40 yd ln | 12.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 1:4.0 steps inside 45 yd ln | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1:4.0 steps inside 45 yd ln | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1: 4.0 steps inside 45 yd ln | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1: On 45 yd In | 8.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1: On 45 yd In | 8.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1:3.0 steps inside 40 yd ln | 7.75 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1:3.25 steps inside 35 yd In | 8.75 steps behind Front side line |
| 11 | 43-45 | 12 | Side 1:3.5 steps outside 45 yd ln | 8.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1: 1.0 steps outside 45 yd In | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: 1.0 steps outside 45 yd In | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 1.0 steps outside 45 yd ln | 4.25 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1: 1.0 steps outside 45 yd ln | 4.25 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: 4.0 steps inside 45 yd ln | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 1:4.0 steps inside 45 yd ln | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 1: 4.0 steps inside 45 yd ln | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 1: On 45 yd In | 7.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 1: On 45 yd In | 7.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1: 4.0 steps inside 40 yd ln | On Front Hash |
| 22 | 95-96 | 8 | Side 1: 4.0 steps inside 40 yd ln | On Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 1.5 steps inside 15 yd ln | 5.0 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 1:3.0 steps inside 25 yd ln | 9.25 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 1: 4.0 steps inside 30 yd ln | 14.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 1: 4.0 steps inside 40 yd ln | 14.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 1:4.0 steps inside 45 yd ln | 14.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1: 4.0 steps inside 45 yd ln | 14.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1: 4.0 steps inside 45 yd ln | 14.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1:0.5 steps inside 45 yd ln | 9.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1:0.5 steps inside 45 yd ln | 9.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1: 2.75 steps outside 45 yd ln | 7.75 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1: 2.5 steps outside 40 yd ln | 8.5 steps behind Front side line |
| 11 | 43-45 | 12 | Side 1: 0.5 steps outside 45 yd In | 8.25 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1: 2.0 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: 2.0 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: 2.0 steps inside 45 yd ln | 5.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1: 2.0 steps inside 45 yd ln | 5.0 steps behind Front side line |
| 16 | 62-64 | 12 | On 50 yd ln | 8.0 steps behind Front side line |
| 17 | 65-66 | 8 | On 50 yd ln | 8.0 steps behind Front side line |
| 18 | D 67-70 | 16 | On 50 yd In | 8.0 steps behind Front side line |
| 19 | 71-74 | 16 | On 50 yd ln | 13.0 steps behind Front side line |
| 20 | 75-82 | 32 | On 50 yd In | 13.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1: On 45 yd In | 4.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1: On 45 yd In | 4.0 steps behind Front Hash |

Performer: Symbol: G Label: G1 ID:452

## Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | On 50 yd ln | 12.0 steps in front of Front Hash |
| 1 | 1-8 | 32 | On 50 yd In | On Front side line |
| 2 | 9-12 | 16 | On 50 yd In | On Front side line |
| 3 | 13-16 | 16 | Side 1: On 50 yd ln | 4.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 2: On 45 yd ln | 8.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1:4.0 steps inside 40 yd ln | 4.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1: 4.0 steps inside 40 yd ln | 4.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1: 4.0 steps inside 45 yd ln | 12.0 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1: 0.75 steps inside 45 yd ln | 3.5 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: On 45 yd In | 1.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 2: On 45 yd In | 8.0 steps in front of Front Hash |
| 13 | C48-54 | 28 | Side 2: On 45 yd In | 8.0 steps in front of Front Hash |
| 14 | 55-58 | 16 | Side 2: 3.0 steps inside 40 yd ln | 5.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 2: 3.0 steps inside 40 yd ln | 5.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 2: On 45 yd In | 12.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: On 45 yd In | 12.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: On 45 yd In | 12.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: On 45 yd In | 9.0 steps behind Front side line |
| 22 | 95-96 | 8 | Side 2: On 45 yd In | 9.0 steps behind Front side line |


| Performer: Symbol: G La |  |  | el: G2 ID:453 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 1: On 45 yd In | 12.0 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 1: On 40 yd In | 12.0 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 1: On 45 yd In | 4.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 2: 3.25 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 2: 0.75 steps inside 40 yd ln | 10.75 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 2: On 45 yd In | 12.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 2: On 45 yd In | 12.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1:4.0 steps inside 45 yd ln | 4.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1:4.0 steps inside 45 yd ln | 4.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: 4.0 steps outside 50 yd In | 12.0 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 2: 1.5 steps inside 45 yd ln | 0.25 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: 2.5 steps inside 35 yd ln | 2.25 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps in front of Front Hash |
| 13 | C48-54 | 28 | Side 2: 4.0 steps outside 40 yd In | 8.0 steps in front of Front Hash |
| 14 | 55-58 | 16 | Side 2: 4.0 steps outside 30 yd ln | 4.0 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 4.0 steps outside 30 yd In | 4.0 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: On 25 yd In | 12.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: On 25 yd In | 12.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: On 25 yd In | 12.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: 4.0 steps outside 30 yd ln | 8.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: 4.0 steps outside 30 yd ln | 8.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: 0.25 steps inside 45 yd In | 12.5 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 2: 0.25 steps inside 45 yd ln | 12.5 steps in front of Front Hash |


| Performer: Symbol: G |  |  | Label: G3 | ID:454 | Drill Design |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Cou | unts Side | 1-Side 2 | Front-Back |  |
| 0 | 0 | 0 | Side | 1: 1.75 steps inside 45 yd ln | 10.75 steps behind Front side line |  |
| 1 | 1-8 | 32 | 22 Side | 1: On 45 yd In | 12.0 steps in front of Front Hash |  |
| 2 | 9-12 | 16 | 6 Side | 1: 1.25 steps outside 50 yd ln | 3.75 steps behind Front side line |  |
| 3 | 13-16 | 16 | 6 Side 2 | 2: 2.75 steps outside 45 yd ln | 12.25 steps behind Front side line |  |
| 4 | 17-20 | 16 | 6 Side | 2: 3.25 steps outside 40 yd ln | 11.5 steps in front of Front Hash |  |
| 5 | A 21-24 | 16 | 6 Side | 2: 4.0 steps outside 50 yd ln | 4.0 steps in front of Front Hash |  |
| 6 | 25-28 | 16 | 6 Side | 2: 4.0 steps outside 50 yd ln | 4.0 steps in front of Front Hash |  |
| 7 | B 29-32 | 16 | 6 Side | 1: On 50 yd In | 12.0 steps in front of Front Hash |  |
| 8 | 33-37 | 20 | 0 Side | 1: On 50 yd In | 12.0 steps in front of Front Hash |  |
| 9 | 38-39 | 8 | Side | 2: 4.0 steps inside 45 yd ln | 4.0 steps in front of Front Hash |  |
| 10 | 40-42 | 12 | 2 Side 2 | 2: 4.0 steps outside 45 yd ln | 4.0 steps in front of Front Hash |  |
| 11 | 43-45 | 12 | 2 Side | 2: 4.0 steps outside 35 yd ln | 4.0 steps in front of Front Hash |  |
| 12 | 46-47 | 8 | Side | 2: 2.0 steps outside 35 yd ln | On Front Hash |  |
| 13 | C48-54 | 28 | 8 Side | 2: 2.0 steps outside 35 yd ln | On Front Hash |  |
| 14 | 55-58 | 16 | 6 Side 2 | 2: On 30 yd In | 1.0 steps behind Front Hash |  |
| 15 | 59-61 | 12 | 2 Side | 2: On 30 yd In | 1.0 steps behind Front Hash |  |
| 16 | 62-64 | 12 | 2 Side | 2: On 30 yd ln | 12.0 steps in front of Front Hash |  |
| 17 | 65-66 | 8 | Side | 2: On 30 yd In | 12.0 steps in front of Front Hash |  |
| 18 | D 67-70 | 16 | 6 Side | 2: On 30 yd In | 12.0 steps in front of Front Hash |  |
| 19 | 71-74 | 16 | 6 Side 2 | 2: 4.0 steps outside 35 yd ln | 12.0 steps in front of Front Hash |  |
| 20 | 75-82 | 32 | 22 Side 2 | 2: 4.0 steps outside 35 yd ln | 12.0 steps in front of Front Hash |  |
| 21 | 83-94 | 48 | 8 Side 2 | 2: 3.0 steps outside 50 yd ln | 8.0 steps in front of Front Hash |  |
| 22 | 95-96 | 8 | Side | 2: 3.0 steps outside 50 yd ln | 8.0 steps in front of Front Hash |  |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 0.5 steps inside 45 yd ln | 13.25 steps behind Front side line |
| 1 | 1-8 | 32 | Side 2: On 40 yd In | 12.0 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 3.0 steps inside 40 yd ln | 12.5 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 2: 1.0 steps inside 45 yd ln | 3.25 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: 1.25 steps outside 50 yd In | 4.0 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1: 4.0 steps inside 35 yd ln | 4.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1: 4.0 steps inside 35 yd ln | 4.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1: On 35 yd In | 12.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1: On 35 yd In | 12.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1:3.25 steps inside 35 yd ln | 0.75 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1: 4.0 steps outside 35 yd ln | 1.5 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 1: 3.5 steps inside 40 yd ln | 1.75 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 1: 2.0 steps outside 45 yd ln | On Front Hash |
| 13 | C48-54 | 28 | Side 1: 2.0 steps outside 45 yd ln | On Front Hash |
| 14 | 55-58 | 16 | Side 2: 1.5 steps inside 45 yd In | 4.5 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 2: 1.5 steps inside 45 yd ln | 4.5 steps behind Front Hash |
| 16 | 62-64 | 12 | On 50 yd In | 12.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | On 50 yd In | 12.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | On 50 yd In | 12.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 1: 4.0 steps inside 45 yd ln | 12.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 1: 4.0 steps inside 45 yd ln | 12.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1:3.5 steps outside 50 yd ln | 8.25 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 1:3.5 steps outside 50 yd ln | 8.25 steps in front of Front Hash |

Performer: Symbol: G Label: G5 ID:456
Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 4.0 steps outside 50 yd ln | 9.0 steps behind Front side line |
| 1 | 1-8 | 32 | Side 2: On 45 yd In | 12.0 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 2.5 steps outside 45 yd ln | 9.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 2: 4.0 steps outside 45 yd ln | 2.5 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 2: 1.75 steps inside 45 yd In | 4.5 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1: 4.0 steps inside 40 yd ln | 4.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1: 4.0 steps inside 40 yd ln | 4.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1: On 40 yd In | 12.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1: On 40 yd In | 12.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1:3.75 steps inside 40 yd ln | On Front Hash |
| 10 | 40-42 | 12 | Side 1: 1.75 steps inside 40 yd ln | 3.75 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: 1.25 steps outside 50 yd ln | 2.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 2: 2.0 steps outside 50 yd In | On Front Hash |
| 13 | C48-54 | 28 | Side 2: 2.0 steps outside 50 yd ln | On Front Hash |
| 14 | 55-58 | 16 | Side 2: 3.5 steps outside 40 yd ln | 4.75 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 2: 3.5 steps outside 40 yd ln | 4.75 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 2: On 40 yd In | 12.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: On 40 yd In | 12.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: On 40 yd In | 12.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: 4.0 steps outside 45 yd ln | 12.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: 4.0 steps outside 45 yd ln | 12.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: 1.5 steps inside 40 yd ln | 0.5 steps behind Front side line |
| 22 | 95-96 | 8 | Side 2: 1.5 steps inside 40 yd ln | 0.5 steps behind Front side line |


| Performer: Symbol: G La |  |  | el: G6 ID:457 | Drill Design |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |  |
| 0 | 0 | 0 | Side 1: 1.5 steps outside 50 yd ln | 8.0 steps behind Front side line |  |
| 1 | 1-8 | 32 | On 50 yd ln | 12.0 steps in front of Front Hash |  |
| 2 | 9-12 | 16 | Side 2: 2.25 steps inside 45 yd In | 4.5 steps behind Front side line |  |
| 3 | 13-16 | 16 | Side 2: 2.0 steps inside 40 yd ln | 9.5 steps in front of Front Hash |  |
| 4 | 17-20 | 16 | Side 2: 2.25 steps inside 40 yd ln | 6.5 steps in front of Front Hash |  |
| 5 | A 21-24 | 16 | Side 1:4.0 steps inside 45 yd ln | 4.0 steps in front of Front Hash |  |
| 6 | 25-28 | 16 | Side 1: 4.0 steps inside 45 yd ln | 4.0 steps in front of Front Hash |  |
| 7 | B 29-32 | 16 | Side 1: On 45 yd In | 12.0 steps in front of Front Hash |  |
| 8 | 33-37 | 20 | Side 1: On 45 yd In | 12.0 steps in front of Front Hash |  |
| 9 | 38-39 | 8 | Side 1: 4.0 steps outside 50 yd ln | 1.0 steps in front of Front Hash |  |
| 10 | 40-42 | 12 | Side 1: 0.25 steps outside 50 yd ln | 2.75 steps behind Front Hash |  |
| 11 | 43-45 | 12 | Side 2: 1.25 steps inside 40 yd In | 0.5 steps in front of Front Hash |  |
| 12 | 46-47 | 8 | Side 2: 2.0 steps inside 40 yd ln | On Front Hash |  |
| 13 | C48-54 | 28 | Side 2: 2.0 steps inside 40 yd ln | On Front Hash |  |
| 14 | 55-58 | 16 | Side 2: 2.0 steps outside 35 yd ln | 3.5 steps behind Front Hash |  |
| 15 | 59-61 | 12 | Side 2: 2.0 steps outside 35 yd ln | 3.5 steps behind Front Hash |  |
| 16 | 62-64 | 12 | Side 2: On 35 yd In | 12.0 steps in front of Front Hash |  |
| 17 | 65-66 | 8 | Side 2: On 35 yd In | 12.0 steps in front of Front Hash |  |
| 18 | D 67-70 | 16 | Side 2: On 35 yd In | 12.0 steps in front of Front Hash |  |
| 19 | 71-74 | 16 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps behind Front side line |  |
| 20 | 75-82 | 32 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps behind Front side line |  |
| 21 | 83-94 | 48 | Side 2: 1.5 steps outside 40 yd ln | 0.5 steps behind Front side line |  |
| 22 | 95-96 | 8 | Side 2: 1.5 steps outside 40 yd ln | 0.5 steps behind Front side line |  |



| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 4.0 steps outside 50 yd ln | 5.0 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 2: 4.0 steps outside 50 yd ln | 4.0 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 0.75 steps outside 45 yd ln | On Front Hash |
| 3 | 13-16 | 16 | Side 1: 1.25 steps inside 45 yd ln | 6.25 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: 0.75 steps outside 40 yd ln | 3.75 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1: 4.0 steps inside 25 yd ln | 4.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1: 4.0 steps inside 25 yd ln | 4.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1: On 25 yd In | 12.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1: On 25 yd In | 12.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1:4.0 steps inside 25 yd ln | 8.0 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1: 4.0 steps inside 25 yd ln | 12.0 steps behind Front side line |
| 11 | 43-45 | 12 | Side 1: On 30 yd In | 4.0 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1: 4.0 steps inside 30 yd ln | 8.0 steps in front of Front Hash |
| 13 | C48-54 | 28 | Side 1:4.0 steps inside 30 yd ln | 8.0 steps in front of Front Hash |
| 14 | 55-58 | 16 | Side 1: On 40 yd In | 8.0 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 1: On 40 yd In | 8.0 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 1: On 30 yd In | 12.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 1: On 30 yd In | 12.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 1: On 30 yd In | 12.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 1: 4.0 steps inside 25 yd ln | 12.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 1: 4.0 steps inside 25 yd ln | 12.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1: 0.25 steps inside 45 yd ln | 8.5 steps behind Front side line |
| 22 | 95-96 | 8 | Side 1: 0.25 steps inside 45 yd ln | 8.5 steps behind Front side line |

Performer: Symbol: G Label: G9 ID:460
Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 1.5 steps outside 50 yd ln | 4.0 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 1:4.0 steps inside 45 yd ln | 4.0 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 2.75 steps outside 50 yd ln | 3.5 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: 2.25 steps inside 40 yd ln | 4.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: 0.25 steps outside 35 yd ln | 3.75 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1: On 25 yd In | 12.0 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1: On 25 yd In | 12.0 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1:4.0 steps inside 30 yd ln | 4.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1: 4.0 steps inside 30 yd ln | 4.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1:4.0 steps inside 35 yd ln | 12.0 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1: 1.5 steps outside 30 yd ln | 2.5 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1: 3.25 steps outside 40 yd ln | 0.75 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 1: On 40 yd In | 8.0 steps in front of Front Hash |
| 13 | C48-54 | 28 | Side 1: On 40 yd In | 8.0 steps in front of Front Hash |
| 14 | 55-58 | 16 | Side 1: 2.5 steps inside 45 yd ln | On Front Hash |
| 15 | 59-61 | 12 | Side 1:2.5 steps inside 45 yd ln | On Front Hash |
| 16 | 62-64 | 12 | Side 1: On 40 yd In | 12.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 1: On 40 yd In | 12.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 1: On 40 yd In | 12.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 1:4.0 steps inside 35 yd ln | 12.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 1: 4.0 steps inside 35 yd ln | 12.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1: On 45 yd In | 13.0 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 1: On 45 yd In | 13.0 steps in front of Front Hash |



| Perfor | ner: Symb | Label: M1 ID:227 |  | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Count | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 2.0 steps outside 30 yd ln | 10.0 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 1.25 steps inside 35 yd ln | 5.5 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 0.25 steps inside 30 yd ln | 1.75 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 4.0 steps outside 40 yd ln | 12.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 0.75 steps inside 45 yd ln | 8.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 0.25 steps outside 50 yd ln | 8.25 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 2.0 steps outside 40 yd ln | 12.0 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 3.0 steps inside 30 yd ln | 6.75 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: On 30 yd In | 12.5 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 2: On 30 yd In | 13.25 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 2: 3.75 steps inside 30 yd ln | 9.75 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 3.75 steps outside 30 yd ln | 11.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 4.0 steps outside 30 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 4.0 steps outside 30 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 4.0 steps outside 30 yd ln | 8.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 2: 4.0 steps outside 30 yd ln | 8.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 35 yd ln | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 35 yd ln | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 35 yd ln | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: On 35 yd In | 7.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: On 35 yd In | 7.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: On 35 yd In | 4.0 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 2: On 35 yd In | 4.0 steps in front of Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 0.25 steps outside 25 yd ln | 11.0 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 2: 3.0 steps outside 35 yd ln | 1.0 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 1.75 steps outside 30 yd ln | 5.75 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 2: 1.0 steps outside 35 yd ln | 6.25 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 1.25 steps inside 40 yd ln | 10.0 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 1.5 steps inside 45 yd ln | 11.75 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: On 40 yd In | 11.75 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 1.5 steps outside 35 yd ln | 4.25 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 3.25 steps inside 30 yd ln | 8.5 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 2: 1.25 steps inside 30 yd ln | 13.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 2.25 steps outside 35 yd ln | 9.25 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 4.0 steps outside 30 yd ln | 8.25 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 1.0 steps inside 25 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 1.0 steps inside 25 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: On 30 yd In | 8.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 2: On 30 yd In | 8.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: On 35 yd In | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: On 35 yd In | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: On 35 yd In | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: On 35 yd In | 4.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: On 35 yd In | 4.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 35 yd ln | 8.0 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 35 yd ln | 8.0 steps in front of Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: On 25 yd In | 7.5 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 3.25 steps outside 35 yd ln | 8.25 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 0.5 steps outside 30 yd ln | 0.75 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 2: 2.25 steps inside 35 yd ln | 10.25 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 1.75 steps outside 45 yd ln | 8.75 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 3.75 steps outside 50 yd ln | 12.0 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 3.25 steps inside 40 yd ln | 13.0 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 0.75 steps inside 35 yd ln | 6.75 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 3.0 steps inside 30 yd ln | 5.25 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 2: 1.0 steps outside 30 yd ln | 11.5 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 2: 1.75 steps inside 30 yd ln | 11.0 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 2.0 steps outside 30 yd ln | 13.25 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 1.0 steps outside 30 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 1.0 steps outside 30 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 3.5 steps outside 30 yd ln | 11.25 steps behind Front side line |
| 15 | 59-61 | 12 | Side 2: 3.5 steps outside 30 yd ln | 11.25 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 35 yd ln | 8.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 35 yd ln | 8.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 35 yd ln | 8.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: On 35 yd In | 10.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: On 35 yd In | 10.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 35 yd ln | On Front Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 35 yd ln | On Front Hash |


| Perfo | er: (unnamed) | ) Symbo | ol: Q Label: D1 ID:415 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 1:4.0 steps inside 40 yd ln | 12.0 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 1:4.0 steps outside 45 yd ln | 4.0 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 1:2.0 steps inside 40 yd ln | 12.0 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1:4.0 steps inside 30 yd ln | 8.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1:2.0 steps outside 35 yd ln | 8.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1:2.0 steps outside 40 yd ln | 4.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 1:2.0 steps outside 40 yd ln | 4.0 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 1:2.0 steps outside 40 yd ln | 12.0 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 1:2.0 steps inside 45 yd ln | 12.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 2.0 steps outside 50 yd ln | 8.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: On 45 yd In | 8.0 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 1: 2.0 steps inside 45 yd ln | 8.0 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 1:2.0 steps inside 45 yd ln | 8.0 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 1: On 40 yd In | 4.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 1: On 40 yd In | 4.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 1:4.0 steps inside 40 yd ln | 8.0 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 1:4.0 steps inside 40 yd ln | 8.0 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 1:4.0 steps inside 40 yd ln | 8.0 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 1:4.0 steps inside 45 yd ln | 8.0 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 1: 4.0 steps inside 45 yd ln | 8.0 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 1:2.5 steps outside 40 yd ln | 0.5 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 1: 2.5 steps outside 40 yd ln | 0.5 steps in front of Back Hash |


| Perfo | mer: (unname | Symbol: Q | ol: Q Label: D2 ID:414 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 1: 1.25 steps outside 45 yd ln | 13.25 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 1: 1.25 steps outside 45 yd ln | 2.75 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 1: 2.0 steps outside 45 yd ln | 12.0 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1: 0.5 steps outside 35 yd ln | 10.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: 1.0 steps inside 35 yd ln | 8.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1: 1.0 steps inside 40 yd ln | 4.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 1: 1.0 steps inside 40 yd ln | 4.0 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 1: 1.0 steps inside 40 yd ln | 12.0 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 1:3.25 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 3.0 steps inside 45 yd ln | 8.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 2.0 steps outside 45 yd ln | 6.0 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: On 45 yd In | 8.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 1:2.0 steps outside 50 yd ln | 8.0 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 1:2.0 steps outside 50 yd ln | 8.0 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 1:2.0 steps inside 40 yd ln | 6.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 1:2.0 steps inside 40 yd ln | 6.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 1:2.0 steps outside 45 yd ln | 6.0 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 1: 2.0 steps outside 45 yd ln | 6.0 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 1:2.0 steps outside 45 yd ln | 6.0 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 1: 2.0 steps outside 50 yd ln | 6.0 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 1: 2.0 steps outside 50 yd ln | 6.0 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 1: 1.5 steps outside 45 yd ln | 2.0 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 1: 1.5 steps outside 45 yd ln | 2.0 steps behind Back Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 3.0 steps outside 20 yd ln | 4.25 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 2: 3.0 steps outside 30 yd ln | 2.75 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 0.75 steps outside 30 yd ln | 12.25 steps behind Front side line |
| 3 | 13-16 | 16 | Side 2: 2.5 steps inside 30 yd ln | 2.75 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 2: 0.5 steps inside 35 yd ln | 12.75 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 2: 3.75 steps inside 40 yd In | 12.25 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 2.25 steps inside 35 yd In | 8.25 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 3.25 steps inside 30 yd ln | 1.75 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 2: 2.0 steps outside 35 yd ln | 13.25 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: 2.75 steps inside 35 yd In | 8.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 0.5 steps inside 40 yd ln | 8.25 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 1.25 steps inside 35 yd ln | 4.75 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: On 35 yd In | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: On 35 yd In | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 2.0 steps inside 35 yd ln | 10.0 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 2.0 steps inside 35 yd ln | 10.0 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: On 40 yd In | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: On 40 yd In | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: On 40 yd In | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: On 40 yd In | 4.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: On 40 yd In | 4.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: On 40 yd In | On Front side line |
| 22 | 95-96 | 8 | Side 2: On 40 yd In | On Front side line |

Performer: Symbol: R Label: R2 ID:269

## Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 1.0 steps inside 25 yd ln | 1.75 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 2: 1.0 steps outside 35 yd ln | 5.25 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 1.75 steps outside 30 yd ln | 10.75 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 2: 3.75 steps outside 35 yd ln | 2.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 3.25 steps outside 40 yd ln | 12.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 1.5 steps outside 45 yd ln | 11.75 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 3.0 steps outside 40 yd ln | 10.25 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 3.25 steps outside 35 yd ln | 1.25 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 4.0 steps inside 30 yd ln | 12.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 2: 3.25 steps outside 35 yd ln | 10.25 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 2.0 steps inside 35 yd ln | 8.5 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 0.75 steps inside 30 yd ln | 5.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 1.0 steps outside 30 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 1.0 steps outside 30 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 1.75 steps inside 30 yd ln | 13.75 steps behind Front side line |
| 15 | 59-61 | 12 | Side 2: 1.75 steps inside 30 yd ln | 13.75 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: On 35 yd In | 8.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: On 35 yd In | 8.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: On 35 yd In | 8.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: On 35 yd In | 12.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: On 35 yd In | 12.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: On 35 yd In | 4.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: On 35 yd In | 4.0 steps behind Front Hash |


| Performer: Symbol: R L |  |  | el: R3 ID:270 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 4.0 steps inside 30 yd ln | 12.75 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 2.0 steps outside 40 yd ln | 3.5 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 1.5 steps inside 30 yd ln | 4.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 2.0 steps outside 40 yd ln | 13.75 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 3.25 steps inside 45 yd ln | 8.0 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 1.0 steps outside 50 yd In | 13.0 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 1.5 steps outside 45 yd In | 13.75 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 3.25 steps inside 35 yd ln | 9.0 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 3.25 steps inside 30 yd ln | 1.75 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 2: 2.5 steps outside 30 yd In | 7.25 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 2: On 30 yd In | 13.25 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: 2.5 steps inside 30 yd ln | 11.25 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: 3.0 steps outside 35 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 3.0 steps outside 35 yd In | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 0.5 steps outside 30 yd In | 10.75 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 0.5 steps outside 30 yd In | 10.75 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 35 yd In | 4.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 35 yd ln | 4.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 35 yd In | 4.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: On 35 yd In | 6.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: On 35 yd In | 6.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: On 35 yd In | 12.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: On 35 yd In | 12.0 steps behind Front Hash |


| Perfo | mer: Symb | : R Labe | el: R4 ID:271 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 2.5 steps outside 35 yd In | 4.5 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 1.75 steps outside 40 yd ln | 9.0 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 3.5 steps outside 35 yd ln | 8.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 2.5 steps inside 40 yd ln | 11.75 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1: 0.25 steps outside 50 yd ln | 8.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 1: 1.75 steps outside 50 yd ln | 13.75 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 2: 2.0 steps inside 45 yd ln | 14.0 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 1.75 steps outside 40 yd ln | 11.0 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 3.25 steps outside 35 yd In | 1.25 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 2.5 steps outside 30 yd ln | 3.0 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 2: 0.75 steps inside 30 yd ln | 9.0 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: 0.25 steps outside 35 yd In | 9.0 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: 3.0 steps inside 35 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 3.0 steps inside 35 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 3.25 steps outside 35 yd ln | 6.5 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 3.25 steps outside 35 yd ln | 6.5 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: On 40 yd In | 8.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: On 40 yd In | 8.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: On 40 yd In | 8.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: On 40 yd In | 12.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: On 40 yd In | 12.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps behind Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 3.25 steps inside 35 yd ln | 8.0 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 2.5 steps inside 40 yd ln | 6.5 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 1.75 steps outside 35 yd In | 9.75 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 3.25 steps outside 45 yd ln | 11.0 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1: 2.75 steps outside 50 yd ln | 8.75 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 1: 2.25 steps inside 45 yd ln | 11.75 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 2.75 steps outside 45 yd In | 10.25 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 0.75 steps outside 35 yd In | 11.5 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 1.25 steps outside 30 yd In | 6.0 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 2: 2.75 steps outside 30 yd ln | 5.0 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 2: On 30 yd In | 11.0 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: 3.0 steps outside 35 yd ln | 10.0 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: On 35 yd In | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: On 35 yd In | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 2.0 steps inside 30 yd ln | 8.25 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 2.0 steps inside 30 yd ln | 8.25 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: On 40 yd In | 9.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: On 40 yd In | 9.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 45 yd ln | 8.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 45 yd ln | 8.0 steps behind Front Hash |

Performer: Symbol: R Label: R6 ID:273
Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 0.5 steps outside 30 yd ln | 1.0 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 1.75 steps inside 35 yd ln | 12.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 2.75 steps inside 30 yd In | 6.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 0.25 steps inside 40 yd In | 13.0 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 2: 2.25 steps outside 50 yd ln | 8.0 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 1:3.0 steps outside 50 yd In | 9.75 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 1.5 steps inside 40 yd ln | 11.0 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 3.0 steps outside 35 yd ln | 9.25 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 0.75 steps outside 30 yd In | 9.25 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 2: 2.0 steps outside 30 yd ln | 9.5 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 2: 0.5 steps inside 30 yd ln | 12.75 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: On 30 yd In | 12.75 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: 2.0 steps inside 30 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 2.0 steps inside 30 yd In | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 2.25 steps outside 30 yd ln | 13.5 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 2.25 steps outside 30 yd ln | 13.5 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 35 yd In | 8.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 35 yd In | 8.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 35 yd In | 8.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: On 35 yd In | 9.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: On 35 yd In | 9.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 35 yd ln | 8.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 35 yd ln | 8.0 steps behind Front Hash |


| Perfor | ner: Symb | : R Labe | I: R7 ID:274 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 2.25 steps outside 30 yd ln | 9.0 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 2: 2.0 steps inside 35 yd ln | 0.5 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 1.25 steps outside 30 yd In | 3.25 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 2: 0.75 steps inside 35 yd In | 8.25 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 3.75 steps inside 40 yd In | 9.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 3.75 steps outside 50 yd ln | 7.5 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 2.75 steps inside 35 yd In | 13.75 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 1.5 steps inside 30 yd ln | 3.75 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 1.25 steps inside 30 yd In | 12.5 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: 3.0 steps inside 30 yd ln | 11.5 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 0.25 steps outside 35 yd ln | 8.75 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 2.0 steps outside 30 yd In | 6.25 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 4.0 steps outside 30 yd In | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 4.0 steps outside 30 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 0.25 steps inside 30 yd In | 11.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 2: 0.25 steps inside 30 yd In | 11.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: On 35 yd In | 8.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: On 35 yd In | 8.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: On 35 yd In | 8.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: On 35 yd In | 13.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: On 35 yd In | 13.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: On 30 yd In | 4.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: On 30 yd In | 4.0 steps behind Front Hash |


| Perfo | mer: Symb | R Labe | l: R8 ID:275 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 1.75 steps inside 20 yd ln | 13.0 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 2: 0.5 steps inside 30 yd ln | 3.0 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 1.75 steps outside 30 yd In | 8.25 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 2: 2.25 steps outside 35 yd ln | 4.25 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 1.0 steps outside 40 yd ln | 11.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 0.75 steps inside 45 yd ln | 7.25 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 0.25 steps outside 35 yd In | 12.25 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 0.25 steps inside 30 yd ln | 0.75 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 3.25 steps inside 30 yd ln | 10.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: 1.25 steps outside 35 yd In | 9.25 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 3.75 steps outside 40 yd In | 8.25 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 3.5 steps inside 30 yd ln | 4.5 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 2.0 steps inside 30 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 2.0 steps inside 30 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 3.75 steps outside 35 yd ln | 12.25 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 3.75 steps outside 35 yd In | 12.25 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: On 35 yd In | 4.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: On 35 yd In | 4.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: On 35 yd In | 4.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: On 35 yd In | 3.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: On 35 yd In | 3.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 40 yd ln | 12.0 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 40 yd ln | 12.0 steps in front of Back Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 2.25 steps outside 25 yd ln | 6.25 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 2: 3.0 steps outside 35 yd ln | 10.5 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 0.25 steps inside 30 yd ln | 10.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 2: 2.0 steps inside 30 yd ln | 5.25 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 2: 1.25 steps outside 35 yd ln | 10.75 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 2: 2.0 steps inside 40 yd ln | 8.5 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 3.0 steps inside 30 yd ln | 6.75 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 1.25 steps outside 30 yd ln | 5.75 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 2: 1.5 steps inside 35 yd ln | 8.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: 3.0 steps outside 40 yd ln | 8.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 2.5 steps inside 40 yd ln | 8.75 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 4.0 steps outside 40 yd ln | 5.25 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 3.0 steps inside 35 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 3.0 steps inside 35 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 2.75 steps outside 40 yd ln | 9.75 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 2.75 steps outside 40 yd ln | 9.75 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: On 40 yd In | 10.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: On 40 yd In | 10.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 40 yd ln | On Front Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 40 yd ln | On Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 4.0 steps inside 20 yd ln | 13.25 steps behind Front side line |
| 1 | 1-8 | 32 | Side 2: 4.0 steps outside 35 yd ln | 12.0 steps behind Front side line |
| 2 | 9-12 | 16 | Side 2: 3.75 steps outside 35 yd ln | 3.5 steps behind Front side line |
| 3 | 13-16 | 16 | Side 2: 2.5 steps inside 30 yd In | 12.75 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 2: 2.25 steps inside 30 yd ln | 4.5 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 2: 1.75 steps outside 40 yd ln | 13.75 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 2: 2.25 steps outside 35 yd ln | 3.0 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 3.25 steps inside 30 yd ln | 8.75 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 2: 3.5 steps outside 40 yd ln | 12.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: 3.5 steps inside 40 yd In | 8.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 0.5 steps inside 45 yd ln | 11.25 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 3.75 steps outside 45 yd ln | 7.75 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 4.0 steps outside 45 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 4.0 steps outside 45 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 2.5 steps outside 45 yd ln | 13.75 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 2.5 steps outside 45 yd ln | 13.75 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: On 45 yd ln | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: On 45 yd In | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: On 45 yd ln | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: On 45 yd In | 4.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: On 45 yd ln | 4.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 40 yd ln | 8.0 steps in front of Front Hash |


| Perfor | ner: Symb | : 7 Labe | I: T3 ID:167 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 3.0 steps inside 20 yd ln | 3.0 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 2: 1.75 steps inside 30 yd ln | 4.25 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 1.25 steps outside 30 yd ln | 13.25 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 2: 3.25 steps inside 30 yd In | 0.25 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 2: 2.5 steps inside 35 yd ln | 13.75 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 2.75 steps outside 45 yd ln | 7.5 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 2.75 steps outside 35 yd ln | 9.75 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 0.75 steps outside 30 yd In | 2.5 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 2: 1.75 steps outside 35 yd ln | 8.75 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: 0.75 steps inside 35 yd In | 8.5 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 1.75 steps outside 40 yd ln | 8.0 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 1.75 steps outside 35 yd ln | 4.5 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 3.0 steps outside 35 yd In | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 3.0 steps outside 35 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 1.0 steps outside 35 yd ln | 10.75 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 1.0 steps outside 35 yd ln | 10.75 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 40 yd ln | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 40 yd ln | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 40 yd ln | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: On 40 yd In | 7.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: On 40 yd In | 7.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: On 40 yd In | 4.0 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 2: On 40 yd In | 4.0 steps in front of Front Hash |


| Performer: Symbol: T Label: T4 ID:168 |  |  |  | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 1.5 steps inside 15 yd ln | 5.0 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 2: 3.0 steps inside 25 yd ln | 9.25 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 2.75 steps inside 30 yd ln | 5.5 steps behind Front side line |
| 3 | 13-16 | 16 | Side 2: 2.25 steps inside 30 yd ln | 10.25 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 2: 3.5 steps inside 30 yd ln | 6.75 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 2: 1.25 steps outside 40 yd ln | 10.0 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 1.25 steps inside 30 yd ln | 3.5 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 1.0 steps outside 30 yd ln | 9.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 2: 3.25 steps outside 40 yd ln | 8.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: 1.5 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 1.5 steps outside 45 yd ln | 10.25 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 1.5 steps inside 40 yd ln | 7.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 1.0 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 1.0 steps inside 40 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 3.0 steps inside 40 yd ln | 12.0 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 3.0 steps inside 40 yd ln | 12.0 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 45 yd ln | 4.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 45 yd ln | 4.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 45 yd ln | 4.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: On 45 yd In | 7.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: On 45 yd In | 7.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 45 yd ln | On Front Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 45 yd ln | On Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 0.25 steps outside 20 yd ln | 5.5 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 2: 0.75 steps outside 30 yd In | 10.0 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 1.25 steps inside 30 yd ln | 7.5 steps behind Front side line |
| 3 | 13-16 | 16 | Side 2: 2.0 steps inside 30 yd ln | 7.75 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 2: 3.0 steps outside 35 yd ln | 9.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 2: 1.0 steps inside 40 yd ln | 13.0 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 0.25 steps outside 35 yd ln | 5.75 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 3.0 steps inside 30 yd ln | 5.25 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 2: 1.25 steps inside 35 yd ln | 12.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: 0.75 steps outside 40 yd ln | 8.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 3.5 steps outside 45 yd ln | 9.5 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 1.25 steps outside 40 yd ln | 6.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 2.0 steps outside 40 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 2.0 steps outside 40 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 0.25 steps inside 40 yd ln | 10.75 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 0.25 steps inside 40 yd ln | 10.75 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: On 40 yd In | 8.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: On 40 yd In | 8.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: On 40 yd In | 8.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: On 40 yd In | 13.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: On 40 yd In | 13.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: On 40 yd In | 4.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: On 40 yd In | 4.0 steps behind Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 2.0 steps outside 20 yd ln | 13.25 steps behind Front side line |
| 1 | 1-8 | 32 | Side 2: 2.0 steps outside 30 yd ln | 12.0 steps behind Front side line |
| 2 | 9-12 | 16 | Side 2: 2.0 steps outside 35 yd ln | 1.75 steps behind Front side line |
| 3 | 13-16 | 16 | Side 2: 3.25 steps inside 30 yd ln | 12.75 steps behind Front side line |
| 4 | 17-20 | 16 | Side 2: 1.0 steps inside 30 yd ln | 2.25 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 2: 4.0 steps outside 40 yd ln | 12.0 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: On 30 yd In | On Front Hash |
| 7 | B 29-32 | 16 | Side 2: On 30 yd In | 12.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 2: On 40 yd In | 8.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: 2.25 steps outside 45 yd ln | 8.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 2.5 steps inside 45 yd ln | 12.25 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 1.0 steps outside 45 yd ln | 9.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 1.0 steps outside 45 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 1.0 steps outside 45 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 0.25 steps inside 45 yd ln | 12.25 steps behind Front side line |
| 15 | 59-61 | 12 | Side 2: 0.25 steps inside 45 yd ln | 12.25 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 45 yd ln | 8.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 45 yd ln | 8.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 45 yd ln | 8.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: On 45 yd In | 10.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: On 45 yd In | 10.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 45 yd ln | 8.0 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 45 yd ln | 8.0 steps in front of Front Hash |


| Perfor | er: Symb | : $T$ Label | el: T7 ID:171 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: On 15 yd In | 13.25 steps behind Front side line |
| 1 | 1-8 | 32 | Side 2: 2.0 steps inside 25 yd ln | 12.0 steps behind Front side line |
| 2 | 9-12 | 16 | Side 2: On 35 yd In | On Front side line |
| 3 | 13-16 | 16 | Side 2: 4.0 steps outside 35 yd ln | 10.25 steps behind Front side line |
| 4 | 17-20 | 16 | Side 2: On 30 yd In | On Front Hash |
| 5 | A 21-24 | 16 | Side 2: 4.0 steps outside 40 yd ln | 12.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 2: 4.0 steps inside 30 yd ln | On Front Hash |
| 7 | B 29-32 | 16 | Side 2: 4.0 steps outside 35 yd ln | 12.0 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 2: On 40 yd In | 12.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: On 45 yd In | 8.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 3.75 steps outside 50 yd ln | 13.5 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 1.5 steps inside 45 yd ln | 10.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 2.0 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 2.0 steps inside 45 yd ln | 8.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 2.75 steps inside 45 yd ln | 10.5 steps behind Front side line |
| 15 | 59-61 | 12 | Side 2: 2.75 steps inside 45 yd ln | 10.5 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: On 45 yd In | 8.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: On 45 yd In | 8.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: On 45 yd In | 8.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: On 45 yd In | 13.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: On 45 yd In | 13.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 50 yd ln | On Front Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 50 yd ln | On Front Hash |



| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:3.0 steps inside 45 yd ln | 9.0 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 1:3.5 steps outside 50 yd ln | 8.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 2: 4.0 steps outside 45 yd In | 12.0 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1:4.0 steps outside 50 yd ln | 10.5 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1: On 40 yd In | 12.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1:4.0 steps outside 45 yd ln | 8.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 1: On 50 yd In | 12.0 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: On 40 yd In | 12.0 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 1.25 steps inside 30 yd ln | 3.25 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 2.25 steps inside 30 yd ln | 6.75 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 1.75 steps inside 35 yd In | 4.25 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: 2.5 steps outside 45 yd In | 10.5 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: 2.0 steps inside 45 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 2.0 steps inside 45 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 3.0 steps outside 45 yd In | 7.0 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 3.0 steps outside 45 yd In | 7.0 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 45 yd In | 4.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 45 yd In | 4.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps inside 40 yd ln | 4.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: On 45 yd In | 6.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: On 45 yd In | 6.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: On 45 yd In | 12.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: On 45 yd In | 12.0 steps behind Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 3.0 steps inside 45 yd ln | 9.0 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 2: 3.5 steps outside 50 yd ln | 8.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 2: 1.5 steps inside 40 yd ln | 12.5 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1: 1.5 steps outside 50 yd ln | 10.25 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1: 1.75 steps inside 40 yd ln | 13.75 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1: On 45 yd In | 8.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 1: 4.0 steps inside 45 yd ln | 12.0 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: On 45 yd In | 14.0 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 3.5 steps inside 35 yd ln | 9.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 4.0 steps inside 30 yd ln | 8.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 4.0 steps outside 40 yd ln | 4.0 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: On 45 yd In | 12.0 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: 3.0 steps outside 50 yd In | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 3.0 steps outside 50 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 0.25 steps outside 45 yd In | 9.0 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 0.25 steps outside 45 yd ln | 9.0 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: On 45 yd In | 4.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: On 45 yd In | 4.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: On 45 yd In | 4.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: On 45 yd In | 3.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: On 45 yd In | 3.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 50 yd ln | 12.0 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 50 yd ln | 12.0 steps in front of Back Hash |


| Perfo | ner: Sym | U La | el: U4 ID:353 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Count | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 1.25 steps inside 40 yd ln | 7.25 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 2: 2.0 steps outside 45 yd ln | 9.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 2: 1.0 steps outside 40 yd ln | 13.0 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 2: 1.0 steps outside 50 yd ln | 10.0 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1:3.75 steps inside 40 yd ln | 12.75 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 1: 2.5 steps outside 45 yd In | 11.25 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 2: 3.5 steps outside 50 yd ln | 11.0 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 3.0 steps outside 40 yd ln | 13.25 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: On 30 yd In | 0.25 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 0.5 steps outside 30 yd ln | 3.25 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 2.5 steps outside 35 yd ln | 5.0 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: 0.25 steps inside 40 yd ln | 8.25 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: 4.0 steps outside 45 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 4.0 steps outside 45 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 1.25 steps outside 40 yd In | 5.0 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 1.25 steps outside 40 yd In | 5.0 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 4.0 steps inside 40 yd ln | 8.0 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: 4.0 steps inside 40 yd ln | 8.0 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 45 yd ln | 8.0 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: On 45 yd In | 9.0 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: On 45 yd In | 9.0 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps behind Front Hash |

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1447117455400

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 2 | 9-12 | 16 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 3 | 13-16 | 16 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 4 | 17-20 | 16 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 5 | A 21-24 | 16 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 6 | 25-28 | 16 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 7 | B 29-32 | 16 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 8 | 33-37 | 20 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 9 | 38-39 | 8 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 10 | 40-42 | 12 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 11 | 43-45 | 12 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 12 | 46-47 | 8 | Side 1:3.0 steps inside 45 yd In | 7.75 steps behind Back Hash |
| 13 | C48-54 | 28 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 14 | 55-58 | 16 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 15 | 59-61 | 12 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 16 | 62-64 | 12 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 17 | 65-66 | 8 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 18 | D 67-70 | 16 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 19 | 71-74 | 16 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 20 | 75-82 | 32 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 21 | 83-94 | 48 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 1:3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 9 | 38-39 | 8 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 10 | 40-42 | 12 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 12 | 46-47 | 8 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 13 | C48-54 | 28 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 14 | 55-58 | 16 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 15 | 59-61 | 12 | Side 2: 2.25 steps outside 40 yd In | 1.5 steps in front of Back Hash |
| 16 | 62-64 | 12 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 17 | 65-66 | 8 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 18 | D 67-70 | 16 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 19 | 71-74 | 16 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 20 | 75-82 | 32 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 21 | 83-94 | 48 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 2: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Ha |



Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1447117455000
Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 2 | 9-12 | 16 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 3 | 13-16 | 16 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 4 | 17-20 | 16 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 5 | A 21-24 | 16 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 6 | 25-28 | 16 | Side 2: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 7 | B 29-32 | 16 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 8 | 33-37 | 20 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 9 | 38-39 | 8 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 10 | 40-42 | 12 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 11 | 43-45 | 12 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 12 | 46-47 | 8 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 13 | C48-54 | 28 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 14 | 55-58 | 16 | Side 2: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 15 | 59-61 | 12 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 16 | 62-64 | 12 | Side 2: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 17 | 65-66 | 8 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 18 | D 67-70 | 16 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 19 | 71-74 | 16 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 20 | 75-82 | 32 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 21 | 83-94 | 48 | Side 2: 1.25 steps outside 45 yd In | 1.0 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 2: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 9 | 38-39 | 8 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 10 | 40-42 | 12 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 12 | 46-47 | 8 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 13 | C48-54 | 28 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 14 | 55-58 | 16 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 15 | 59-61 | 12 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 16 | 62-64 | 12 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 17 | 65-66 | 8 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 18 | D 67-70 | 16 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 19 | 71-74 | 16 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 20 | 75-82 | 32 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 21 | 83-94 | 48 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 2: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1447117455100

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 9 | 38-39 | 8 | Side 2: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 10 | 40-42 | 12 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 12 | 46-47 | 8 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 13 | C48-54 | 28 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 14 | 55-58 | 16 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 15 | 59-61 | 12 | Side 2: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 16 | 62-64 | 12 | Side 2: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 17 | 65-66 | 8 | Side 2: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 18 | D 67-70 | 16 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 19 | 71-74 | 16 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 20 | 75-82 | 32 | Side 2: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 21 | 83-94 | 48 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 2: 3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 1 | 1-8 | 32 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 2 | 9-12 | 16 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 4.0 steps outside 25 yd In | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |
| 22 | 95-96 | 8 | Side 2: 4.0 steps outside 25 yd ln | 12.0 steps behind Front side line |


| Perfo | er: (unnamed) | Symbo | ol: X Label: (unlabeled) ID:17425 |  | Drill Design |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |  |
| 0 | 0 | 0 | Side 1:3.0 steps outside 20 yd ln | 3.0 steps behind Front Hash |  |
| 1 | 1-8 | 32 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 2 | 9-12 | 16 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 3 | 13-16 | 16 | Side 1:3.0 steps outside 20 yd ln | 3.0 steps behind Front Hash |  |
| 4 | 17-20 | 16 | Side 1:3.0 steps outside 20 yd ln | 3.0 steps behind Front Hash |  |
| 5 | A 21-24 | 16 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 6 | 25-28 | 16 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 7 | B 29-32 | 16 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 8 | 33-37 | 20 | Side 1:3.0 steps outside 20 yd ln | 3.0 steps behind Front Hash |  |
| 9 | 38-39 | 8 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 10 | 40-42 | 12 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 11 | 43-45 | 12 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 12 | 46-47 | 8 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 13 | C48-54 | 28 | Side 1:3.0 steps outside 20 yd ln | 3.0 steps behind Front Hash |  |
| 14 | 55-58 | 16 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 15 | 59-61 | 12 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 16 | 62-64 | 12 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 17 | 65-66 | 8 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 18 | D 67-70 | 16 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 19 | 71-74 | 16 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 20 | 75-82 | 32 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 21 | 83-94 | 48 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |
| 22 | 95-96 | 8 | Side 1:3.0 steps outside 20 yd In | 3.0 steps behind Front Hash |  |


| Performer: (unnamed) | Symbol: X | Label: (unlabeled) | ID:5072931563800 |
| :--- | :--- | :--- | :--- | Drill Design


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | On 50 yd In | 4.0 steps in front of Front side line |
| 1 | 1-8 | 32 | On 50 yd ln | 4.0 steps in front of Front side line |
| 2 | 9-12 | 16 | On 50 yd ln | 4.0 steps in front of Front side line |
| 3 | 13-16 | 16 | On 50 yd ln | 4.0 steps in front of Front side line |
| 4 | 17-20 | 16 | On 50 yd ln | 4.0 steps in front of Front side line |
| 5 | A 21-24 | 16 | On 50 yd ln | 4.0 steps in front of Front side line |
| 6 | 25-28 | 16 | On 50 yd ln | 4.0 steps in front of Front side line |
| 7 | B 29-32 | 16 | On 50 yd ln | 4.0 steps in front of Front side line |
| 8 | 33-37 | 20 | On 50 yd ln | 4.0 steps in front of Front side line |
| 9 | 38-39 | 8 | On 50 yd ln | 4.0 steps in front of Front side line |
| 10 | 40-42 | 12 | On 50 yd ln | 4.0 steps in front of Front side line |
| 11 | 43-45 | 12 | On 50 yd ln | 4.0 steps in front of Front side line |
| 12 | 46-47 | 8 | On 50 yd ln | 4.0 steps in front of Front side line |
| 13 | C48-54 | 28 | On 50 yd In | 4.0 steps in front of Front side line |
| 14 | 55-58 | 16 | On 50 yd ln | 4.0 steps in front of Front side line |
| 15 | 59-61 | 12 | On 50 yd ln | 4.0 steps in front of Front side line |
| 16 | 62-64 | 12 | On 50 yd ln | 4.0 steps in front of Front side line |
| 17 | 65-66 | 8 | On 50 yd ln | 4.0 steps in front of Front side line |
| 18 | D 67-70 | 16 | On 50 yd ln | 4.0 steps in front of Front side line |
| 19 | 71-74 | 16 | On 50 yd ln | 4.0 steps in front of Front side line |
| 20 | 75-82 | 32 | On 50 yd ln | 4.0 steps in front of Front side line |
| 21 | 83-94 | 48 | On 50 yd ln | 4.0 steps in front of Front side line |
| 22 | 95-96 | 8 | On 50 yd ln | 4.0 steps in front of Front side line |

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1714817095900

## Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 9 | 38-39 | 8 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 10 | 40-42 | 12 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 12 | 46-47 | 8 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 13 | C48-54 | 28 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 14 | 55-58 | 16 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 15 | 59-61 | 12 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 16 | 62-64 | 12 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 17 | 65-66 | 8 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 18 | D 67-70 | 16 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 19 | 71-74 | 16 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 20 | 75-82 | 32 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 21 | 83-94 | 48 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 1:3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 2 | 9-12 | 16 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 3 | 13-16 | 16 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 4 | 17-20 | 16 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 5 | A 21-24 | 16 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 6 | 25-28 | 16 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 7 | B 29-32 | 16 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 8 | 33-37 | 20 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 9 | 38-39 | 8 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 10 | 40-42 | 12 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 11 | 43-45 | 12 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 12 | 46-47 | 8 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 13 | C48-54 | 28 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 14 | 55-58 | 16 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 15 | 59-61 | 12 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 16 | 62-64 | 12 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 17 | 65-66 | 8 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 18 | D 67-70 | 16 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 19 | 71-74 | 16 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 20 | 75-82 | 32 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 21 | 83-94 | 48 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 2: 1.25 steps inside 40 yd ln | 6.0 steps behind Back Hash |


| Perf | r: (unnam | Symbol: X | Label: (unlabeled) ID:1447117455800 |  |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 9 | 38-39 | 8 | Side 2: 2.0 steps outside 30 yd In | 11.25 steps in front of Back Hash |
| 10 | 40-42 | 12 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 2: 2.0 steps outside 30 yd In | 11.25 steps in front of Back Hash |
| 12 | 46-47 | 8 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 13 | C48-54 | 28 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 14 | 55-58 | 16 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 15 | 59-61 | 12 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 16 | 62-64 | 12 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 17 | 65-66 | 8 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 18 | D 67-70 | 16 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 19 | 71-74 | 16 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 20 | 75-82 | 32 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 21 | 83-94 | 48 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 2: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1447117455900

Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 2: 0.25 steps outside 25 yd In | 9.75 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |


| Perf | r: (unnamed) | ) Symbo | ol: X Label: (unlabeled) ID:14 |  |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: 3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |

## Front-Back

2.0 steps behind Front Hash 2.0 steps behind Front Hash 2.0 steps behind Front Hash 2.0 steps behind Front Hash seps behind Front Hash Hash 2.0 steps behind Front Hash .0 seps behind Front Hash eps behind Front Hash 2.0 steps behind Front Hash 2.0 steps behind Front Hash 2.0 steps behind Front Hash 2.0 steps behind Front Hash steps behind Front Hash Front Hash 2.0 steps behind Front Hash hind Front Hash 2.0 steps behind Front Hash 2.0 steps behind Front Hash

| Perf | r: (unnam | Symbo | ol: X Label: (unlabeled) | ID:1417197916700 |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 2 | 9-12 | 16 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 3 | 13-16 | 16 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 4 | 17-20 | 16 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 5 | A 21-24 | 16 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 6 | 25-28 | 16 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 7 | В 29-32 | 16 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 8 | 33-37 | 20 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 9 | 38-39 | 8 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 10 | 40-42 | 12 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 11 | 43-45 | 12 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 12 | 46-47 | 8 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 13 | C48-54 | 28 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 14 | 55-58 | 16 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 15 | 59-61 | 12 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 16 | 62-64 | 12 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 17 | 65-66 | 8 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 18 | D 67-70 | 16 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 19 | 71-74 | 16 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 20 | 75-82 | 32 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 21 | 83-94 | 48 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 2: On 35 yd In | 2.75 steps behind Back Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1:3.0 steps inside 20 yd ln | 2.0 steps behind Front Hash |


| Performer: (unnamed) |  | Symbol: X | Label: (unlabeled) ID:1417197916500 |  |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 1: 2.25 steps outside 40 yd In | 1.5 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 1:2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1:2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 1:2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 1:2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 9 | 38-39 | 8 | Side 1:2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 10 | 40-42 | 12 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 1:2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 12 | 46-47 | 8 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 13 | C48-54 | 28 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 14 | 55-58 | 16 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 15 | 59-61 | 12 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 16 | 62-64 | 12 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 17 | 65-66 | 8 | Side 1:2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 18 | D 67-70 | 16 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 19 | 71-74 | 16 | Side 1:2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 20 | 75-82 | 32 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 21 | 83-94 | 48 | Side 1:2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 1: 2.25 steps outside 40 yd ln | 1.5 steps in front of Back Hash |


|  | (unn | Symbo | X Label: (unlabeled) ID:14171 |  |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 1:2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 1:2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 1:2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1:2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1: 2.25 steps outside 25 yd In | 7.5 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 13 | C48-54 | 28 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 14 | 55-58 | 16 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 1:2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 1:2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 1:2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1:2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 1: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 2: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 9 | 38-39 | 8 | Side 2: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 10 | 40-42 | 12 | Side 2: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 12 | 46-47 | 8 | Side 2: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 13 | C48-54 | 28 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 14 | 55-58 | 16 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 15 | 59-61 | 12 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 16 | 62-64 | 12 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 17 | 65-66 | 8 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 18 | D 67-70 | 16 | Side 2: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 19 | 71-74 | 16 | Side 2: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 20 | 75-82 | 32 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 21 | 83-94 | 48 | Side 2: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 2: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1417197917000

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 1.75 steps inside 20 yd In | 11.75 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 2: 1.75 steps inside 20 yd In | 11.75 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 2: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: 1.75 steps inside 20 yd In | 11.75 steps behind Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 9 | 38-39 | 8 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 10 | 40-42 | 12 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 12 | 46-47 | 8 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 13 | C48-54 | 28 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 14 | 55-58 | 16 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 15 | 59-61 | 12 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 16 | 62-64 | 12 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 17 | 65-66 | 8 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 18 | D 67-70 | 16 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 19 | 71-74 | 16 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 20 | 75-82 | 32 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 21 | 83-94 | 48 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 2: On 25 yd In | 8.75 steps in front of Back Hash |


| Perfo | er: (unnam | Symbo | ol: X Label: (unlabeled) ID:14171 | Dril |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 1 | 1-8 | 32 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 2 | 9-12 | 16 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 11 | 43-45 | 12 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 22 | 95-96 | 8 | Side 2: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |



## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1417197915400

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 1: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 1: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 9 | 38-39 | 8 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 10 | 40-42 | 12 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 1: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 12 | 46-47 | 8 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 13 | C48-54 | 28 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 14 | 55-58 | 16 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 15 | 59-61 | 12 | Side 1:3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 16 | 62-64 | 12 | Side 1: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 17 | 65-66 | 8 | Side 1: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 18 | D 67-70 | 16 | Side 1:3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 19 | 71-74 | 16 | Side 1:3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 20 | 75-82 | 32 | Side 1:3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |
| 21 | 83-94 | 48 | Side 1:3.25 steps inside 35 yd In | 9.25 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 1: 3.25 steps inside 35 yd ln | 9.25 steps in front of Back Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 2: 3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 2: 3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 9 | 38-39 | 8 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 10 | 40-42 | 12 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 2: 3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 12 | 46-47 | 8 | Side 2: 3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 13 | C48-54 | 28 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 14 | 55-58 | 16 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 15 | 59-61 | 12 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 16 | 62-64 | 12 | Side 2: 3.75 steps inside 45 yd In | 4.25 steps in front of Back Hash |
| 17 | 65-66 | 8 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 18 | D 67-70 | 16 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 19 | 71-74 | 16 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 20 | 75-82 | 32 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 21 | 83-94 | 48 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 2: 3.75 steps inside 45 yd ln | 4.25 steps in front of Back Hash |



| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 1 | 1-8 | 32 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 2 | 9-12 | 16 | Side 1: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 11 | 43-45 | 12 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1: 2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1:2.0 steps outside 20 yd In | 12.0 steps behind Front side line |
| 22 | 95-96 | 8 | Side 1:2.0 steps outside 20 yd ln | 12.0 steps behind Front side line |

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1417197916000

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 2 | 9-12 | 16 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 3 | 13-16 | 16 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 4 | 17-20 | 16 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 5 | A 21-24 | 16 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 6 | 25-28 | 16 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 7 | B 29-32 | 16 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 8 | 33-37 | 20 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 9 | 38-39 | 8 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 10 | 40-42 | 12 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 11 | 43-45 | 12 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 12 | 46-47 | 8 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 13 | C48-54 | 28 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 14 | 55-58 | 16 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 15 | 59-61 | 12 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 16 | 62-64 | 12 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 17 | 65-66 | 8 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 18 | D 67-70 | 16 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 19 | 71-74 | 16 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 20 | 75-82 | 32 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 21 | 83-94 | 48 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 1: 1.25 steps outside 45 yd ln | 1.0 steps behind Back Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 2.25 steps outside 30 yd ln | 7.75 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 1: 2.25 steps outside 30 yd ln | 7.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: 2.25 steps outside 30 yd ln | 7.75 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: 2.25 steps outside 30 yd ln | 7.75 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: 2.25 steps outside 30 yd ln | 7.75 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 1: 2.25 steps outside 30 yd ln | 7.75 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 1: 2.25 steps outside 30 yd ln | 7.75 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 1: 2.25 steps outside 30 yd ln | 7.75 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |



Drill Design

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1417197915900

## Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 5 | A 21 - 24 | 16 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 13 | C48-54 | 28 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 14 | 55-58 | 16 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 2: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1447117454100

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: 1.0 steps inside 25 yd ln | 0.5 steps behind Front Hash |

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1447117454200

## Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 1: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 9 | 38-39 | 8 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 10 | 40-42 | 12 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 12 | 46-47 | 8 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 13 | C48-54 | 28 | Side 1: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 14 | 55-58 | 16 | Side 1: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 15 | 59-61 | 12 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 16 | 62-64 | 12 | Side 1: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 17 | 65-66 | 8 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 18 | D 67-70 | 16 | Side 1: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 19 | 71-74 | 16 | Side 1: 0.5 steps outside 30 yd In | 2.25 steps in front of Back Hash |
| 20 | 75-82 | 32 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 21 | 83-94 | 48 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 1: 0.5 steps outside 30 yd ln | 2.25 steps in front of Back Hash |



## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1447117454000

Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: On 50 yd In | 2.0 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 1: On 50 yd ln | 2.0 steps behind Back Hash |
| 2 | 9-12 | 16 | Side 1: On 50 yd In | 2.0 steps behind Back Hash |
| 3 | 13-16 | 16 | Side 1: On 50 yd ln | 2.0 steps behind Back Hash |
| 4 | 17-20 | 16 | Side 1: On 50 yd In | 2.0 steps behind Back Hash |
| 5 | A 21-24 | 16 | Side 1: On 50 yd ln | 2.0 steps behind Back Hash |
| 6 | 25-28 | 16 | Side 1: On 50 yd In | 2.0 steps behind Back Hash |
| 7 | B 29-32 | 16 | Side 1: On 50 yd ln | 2.0 steps behind Back Hash |
| 8 | 33-37 | 20 | Side 1: On 50 yd ln | 2.0 steps behind Back Hash |
| 9 | 38-39 | 8 | Side 1: On 50 yd In | 2.0 steps behind Back Hash |
| 10 | 40-42 | 12 | Side 1: On 50 yd In | 2.0 steps behind Back Hash |
| 11 | 43-45 | 12 | Side 1: On 50 yd ln | 2.0 steps behind Back Hash |
| 12 | 46-47 | 8 | Side 1: On 50 yd In | 2.0 steps behind Back Hash |
| 13 | C48-54 | 28 | Side 1: On 50 yd ln | 2.0 steps behind Back Hash |
| 14 | 55-58 | 16 | Side 1: On 50 yd In | 2.0 steps behind Back Hash |
| 15 | 59-61 | 12 | Side 1: On 50 yd In | 2.0 steps behind Back Hash |
| 16 | 62-64 | 12 | Side 1: On 50 yd ln | 2.0 steps behind Back Hash |
| 17 | 65-66 | 8 | Side 1: On 50 yd In | 2.0 steps behind Back Hash |
| 18 | D 67-70 | 16 | Side 1: On 50 yd ln | 2.0 steps behind Back Hash |
| 19 | 71-74 | 16 | Side 1: On 50 yd ln | 2.0 steps behind Back Hash |
| 20 | 75-82 | 32 | Side 1: On 50 yd In | 2.0 steps behind Back Hash |
| 21 | 83-94 | 48 | Side 1: On 50 yd ln | 2.0 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 1: On 50 yd ln | 2.0 steps behind Back Hash |

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1447117454300

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 2: 0.25 steps outside 20 yd ln | 6.75 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 2: 0.25 steps outside 20 yd ln | 6.75 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: 0.25 steps outside 20 yd ln | 6.75 steps in front of Front Hash |
| 13 | C48-54 | 28 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 14 | 55-58 | 16 | Side 2: 0.25 steps outside 20 yd ln | 6.75 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 2: 0.25 steps outside 20 yd In | 6.75 steps in front of Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 1: On 35 yd ln | 2.75 steps behind Back Hash |
| 2 | 9-12 | 16 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 3 | 13-16 | 16 | Side 1: On 35 yd ln | 2.75 steps behind Back Hash |
| 4 | 17-20 | 16 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 5 | A 21-24 | 16 | Side 1: On 35 yd ln | 2.75 steps behind Back Hash |
| 6 | 25-28 | 16 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 7 | B 29-32 | 16 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 8 | 33-37 | 20 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 9 | 38-39 | 8 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 10 | 40-42 | 12 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 11 | 43-45 | 12 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 12 | 46-47 | 8 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 13 | C48-54 | 28 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 14 | 55-58 | 16 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 15 | 59-61 | 12 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 16 | 62-64 | 12 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 17 | 65-66 | 8 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 18 | D 67-70 | 16 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 19 | 71-74 | 16 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 20 | 75-82 | 32 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 21 | 83-94 | 48 | Side 1: On 35 yd In | 2.75 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 1: On 35 yd ln | 2.75 steps behind Back Hash |


| Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1447117454800 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 1 | 1-8 | 32 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 2 | 9-12 | 16 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 3 | 13-16 | 16 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 4 | 17-20 | 16 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 5 | A 21-24 | 16 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 6 | 25-28 | 16 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 7 | B 29-32 | 16 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 8 | 33-37 | 20 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 9 | 38-39 | 8 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 10 | 40-42 | 12 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 11 | 43-45 | 12 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 12 | 46-47 | 8 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 13 | C48-54 | 28 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 14 | 55-58 | 16 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 15 | 59-61 | 12 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 16 | 62-64 | 12 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 17 | 65-66 | 8 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 18 | D 67-70 | 16 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 19 | 71-74 | 16 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 20 | 75-82 | 32 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 21 | 83-94 | 48 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 2: 3.0 steps inside 45 yd ln | 7.75 steps behind Back Hash |

Drill Design

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1447117454500

Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: 4.0 steps inside 30 yd In | 14.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: 4.0 steps inside 30 yd ln | 14.0 steps behind Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 2.25 steps outside 25 yd In | 7.5 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 13 | C48-54 | 28 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 14 | 55-58 | 16 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 2: 2.25 steps outside 25 yd In | 7.5 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 2: 2.25 steps outside 25 yd ln | 7.5 steps in front of Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 2: 2.25 steps outside 30 yd ln | 7.75 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 2: 2.25 steps outside 30 yd In | 7.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 2: 2.25 steps outside 30 yd ln | 7.75 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 2: 2.0 steps outside 30 yd ln | 8.0 steps behind Front Hash |


| Perfo | er: (unnamed) | Symbol | ol: X Label: (unlabeled) ID:14171 |  | Drill Design |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts S | Side 1-Side 2 | Front-Back |  |
| 0 | 0 | 0 | Side 1:2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |  |
| 1 | 1-8 | 32 | Side 1: 2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 2 | 9-12 | 16 | Side 1: 2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 3 | 13-16 | 16 | Side 1:2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 4 | 17-20 | 16 | Side 1: 2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 5 | A 21-24 | 16 | Side 1:2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 6 | 25-28 | 16 | Side 1: 2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 7 | B 29-32 | 16 | Side 1: 2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 8 | 33-37 | 20 | Side 1: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |  |
| 9 | 38-39 | 8 | Side 1: 2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 10 | 40-42 | 12 | Side 1: 2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 11 | 43-45 | 12 | Side 1:2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 12 | 46-47 | 8 | Side 1: 2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 13 | C48-54 | 28 | Side 1: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |  |
| 14 | 55-58 | 16 | Side 1:2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |  |
| 15 | 59-61 | 12 | Side 1:2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 16 | 62-64 | 12 | Side 1: 2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 17 | 65-66 | 8 | Side 1:2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |  |
| 18 | D 67-70 | 16 | Side 1: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |  |
| 19 | 71-74 | 16 | Side 1: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |  |
| 20 | 75-82 | 32 | Side 1: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |  |
| 21 | 83-94 | 48 | Side 1:2.5 steps outside 35 yd In | 5.5 steps in front of Back Hash |  |
| 22 | 95-96 | 8 | Side 1: 2.5 steps outside 35 yd ln | 5.5 steps in front of Back Hash |  |


| Per | er: (unnam | Symbol: X |  | Label: (unlabeled) ID:1417197917800 |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side | 1-Side 2 | Front-Back |
| 0 | 0 | 0 |  | 1:4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 1 | 1-8 | 32 |  | 1:4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 2 | 9-12 | 16 |  | 1:4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 3 | 13-16 | 16 |  | 1:4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 4 | 17-20 | 16 |  | 1:4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 |  | 1:4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side | 1:4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side | 1: 4.0 steps inside 20 yd ln | 12.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side | 1:4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side | $1: 4.0$ steps inside 20 yd ln | 12.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side | 1:4.0 steps inside 20 yd ln | 12.0 steps behind Front side line |
| 11 | 43-45 | 12 | Side | 1: 4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side | 1:4.0 steps inside 20 yd ln | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side | 1:4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side | 1:4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side | $1: 4.0$ steps inside 20 yd In | 12.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side | 1: 4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side | 1:4.0 steps inside 20 yd ln | 12.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side | 1:4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side | 1: 4.0 steps inside 20 yd ln | 12.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side | 1:4.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side | 1: 4.0 steps inside 20 yd ln | 12.0 steps behind Front side line |
| 22 | 95-96 | 8 | Side | 1: 4.0 steps inside 20 yd In | 12.0 steps behind Front side line |

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1417197917500

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 1:0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1:0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 1:0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 1:0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 1:0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 1: 0.25 steps outside 25 yd In | 9.75 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 1:0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 1: 0.25 steps outside 25 yd In | 9.75 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1: 0.25 steps outside 25 yd ln | 9.75 steps behind Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 1 | 1-8 | 32 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 4 | 17-20 | 16 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 5 | A 21-24 | 16 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 6 | 25-28 | 16 | Side 1: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 7 | B 29-32 | 16 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 9 | 38-39 | 8 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 10 | 40-42 | 12 | Side 1: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 11 | 43-45 | 12 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 12 | 46-47 | 8 | Side 1: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 13 | C48-54 | 28 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 14 | 55-58 | 16 | Side 1: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 15 | 59-61 | 12 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 16 | 62-64 | 12 | Side 1: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 17 | 65-66 | 8 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 18 | D 67-70 | 16 | Side 1: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 19 | 71-74 | 16 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 20 | 75-82 | 32 | Side 1: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 21 | 83-94 | 48 | Side 1:2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 1: 2.0 steps outside 30 yd ln | 11.25 steps in front of Back Hash |


| Perfo | ner: (unnamed) | ) Symbol | I: X Label: (unlabeled) | ID:1417197917900 | Drill Design |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts S | Side 1-Side 2 |  | Front-Back |
| 0 | 0 | 0 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 1 | 1-8 | 32 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 2 | 9-12 | 16 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 3 | 13-16 | 16 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 4 | 17-20 | 16 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 8 | 33-37 | 20 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 9 | 38-39 | 8 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 10 | 40-42 | 12 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 11 | 43-45 | 12 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 12 | 46-47 | 8 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 15 | 59-61 | 12 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 16 | 62-64 | 12 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 17 | 65-66 | 8 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 18 | D 67-70 | 16 S | Side 2: On 15 yd ln |  | 12.0 steps behind Front side line |
| 19 | 71-74 | 16 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 20 | 75-82 | 32 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 21 | 83-94 | 48 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |
| 22 | 95-96 | 8 S | Side 2: On 15 yd In |  | 12.0 steps behind Front side line |

Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1447117453300
$\qquad$

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 1 | 1-8 | 32 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 2 | 9-12 | 16 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 3 | 13-16 | 16 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 4 | 17-20 | 16 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 5 | A 21-24 | 16 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 6 | 25-28 | 16 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 7 | B 29-32 | 16 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 8 | 33-37 | 20 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 9 | 38-39 | 8 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 10 | 40-42 | 12 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 11 | 43-45 | 12 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 12 | 46-47 | 8 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 13 | C48-54 | 28 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 14 | 55-58 | 16 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 15 | 59-61 | 12 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 16 | 62-64 | 12 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 17 | 65-66 | 8 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 18 | D 67-70 | 16 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 19 | 71-74 | 16 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 20 | 75-82 | 32 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 21 | 83-94 | 48 | Side 1: On 15 yd In | 12.0 steps behind Front side line |
| 22 | 95-96 | 8 | Side 1: On 15 yd In | 12.0 steps behind Front side line |

## Performer: (unnamed) Symbol: X Label: (unlabeled) ID:1447117453500

## Drill Design

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 1 | 1-8 | 32 | Side 1: 1.75 steps inside 20 yd In | 11.75 steps behind Front Hash |
| 2 | 9-12 | 16 | Side 1: 1.75 steps inside 20 yd In | 11.75 steps behind Front Hash |
| 3 | 13-16 | 16 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: 1.75 steps inside 20 yd In | 11.75 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1: 1.75 steps inside 20 yd In | 11.75 steps behind Front Hash |
| 6 | 25-28 | 16 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 7 | B 29-32 | 16 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 8 | 33-37 | 20 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 1: 1.75 steps inside 20 yd In | 11.75 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 1: 1.75 steps inside 20 yd In | 11.75 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 1: 1.75 steps inside 20 yd In | 11.75 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 1:1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 1: 1.75 steps inside 20 yd In | 11.75 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |
| 22 | 95-96 | 8 | Side 1: 1.75 steps inside 20 yd ln | 11.75 steps behind Front Hash |


| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | Side 1: 1.5 steps inside 15 yd In | 6.25 steps in front of Front Hash |
| 1 | 1-8 | 32 | Side 1: 1.5 steps inside 15 yd In | 6.25 steps in front of Front Hash |
| 2 | 9-12 | 16 | Side 1: 1.5 steps inside 15 yd In | 6.25 steps in front of Front Hash |
| 3 | 13-16 | 16 | Side 1: 1.5 steps inside 15 yd In | 6.25 steps in front of Front Hash |
| 4 | 17-20 | 16 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 5 | A 21-24 | 16 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 6 | 25-28 | 16 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 7 | B 29-32 | 16 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 8 | 33-37 | 20 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 9 | 38-39 | 8 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 10 | 40-42 | 12 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 11 | 43-45 | 12 | Side 1:1.5 steps inside 15 yd In | 6.25 steps in front of Front Hash |
| 12 | 46-47 | 8 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 13 | C48-54 | 28 | Side 1:1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 14 | 55-58 | 16 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 15 | 59-61 | 12 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 16 | 62-64 | 12 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 17 | 65-66 | 8 | Side 1: 1.5 steps inside 15 yd In | 6.25 steps in front of Front Hash |
| 18 | D 67-70 | 16 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 19 | 71-74 | 16 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 20 | 75-82 | 32 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 21 | 83-94 | 48 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |
| 22 | 95-96 | 8 | Side 1: 1.5 steps inside 15 yd ln | 6.25 steps in front of Front Hash |



| Perfo | ner: (unnam | Symbol: X | ol: X Label: D3 ID:413 | Drill Design |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 1: 1.75 steps inside 45 yd ln | 13.75 steps in front of Back side line |
| 1 | 1-8 | 32 | Side 1: 1.75 steps inside 45 yd ln | 1.75 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 1: 1.0 steps inside 45 yd In | 12.0 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1: 2.25 steps inside 35 yd ln | 11.25 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: 2.0 steps inside 35 yd In | 4.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1:2.0 steps inside 40 yd ln | On Front Hash |
| 6 | 25-28 | 16 | Side 1: 2.0 steps inside 40 yd ln | On Front Hash |
| 7 | B 29-32 | 16 | Side 1: 4.0 steps inside 40 yd ln | 12.0 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 1: 0.25 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: On 45 yd In | 8.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 4.0 steps outside 45 yd ln | 4.0 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: 4.0 steps outside 45 yd ln | 8.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 2: 2.0 steps outside 50 yd ln | 8.0 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 2: 2.0 steps outside 50 yd ln | 8.0 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 1: 4.0 steps inside 40 yd ln | 8.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 1:4.0 steps inside 40 yd ln | 8.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 1: On 45 yd In | 4.0 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 1: On 45 yd In | 4.0 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 1: On 45 yd In | 4.0 steps behind Front Hash |
| 19 | 71-74 | 16 | On 50 yd ln | 4.0 steps behind Front Hash |
| 20 | 75-82 | 32 | On 50 yd ln | 4.0 steps behind Front Hash |
| 21 | 83-94 | 48 | On 50 yd ln | 3.0 steps behind Back Hash |
| 22 | 95-96 | 8 | On 50 yd ln | 3.0 steps behind Back Hash |


| Perf | ner: (unnam | Symbo | ol: X Label: D4 ID:412 | Drill De |
| :---: | :---: | :---: | :---: | :---: |
| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| 0 | 0 | 0 | Side 1:3.0 steps outside 50 yd ln | 13.25 steps in front of Back side line |
| 1 | 1-8 | 32 | Side 1:3.0 steps outside 50 yd ln | 1.25 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 1:3.0 steps inside 45 yd ln | 12.0 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1: 4.0 steps inside 35 yd ln | 12.25 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1: 4.0 steps inside 35 yd ln | 4.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1:4.0 steps inside 40 yd ln | On Front Hash |
| 6 | 25-28 | 16 | Side 1: 4.0 steps inside 40 yd ln | On Front Hash |
| 7 | B 29-32 | 16 | Side 1:2.0 steps outside 45 yd ln | 12.0 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 2.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 2.0 steps outside 45 yd ln | 8.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: 2.0 steps inside 40 yd ln | 2.0 steps behind Front Hash |
| 11 | 43-45 | 12 | Side 2: 2.0 steps inside 40 yd ln | 8.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 1: 2.0 steps outside 45 yd ln | 10.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 1: 2.0 steps outside 45 yd ln | 10.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 1: 2.0 steps inside 45 yd In | 6.0 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 1:2.0 steps inside 45 yd ln | 6.0 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 1: 2.0 steps inside 45 yd In | 6.0 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 2: 2.0 steps outside 50 yd ln | 6.0 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 2: 2.0 steps outside 50 yd ln | 6.0 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 2: 1.5 steps outside 45 yd ln | 2.0 steps behind Back Hash |
| 22 | 95-96 | 8 | Side 2: 1.5 steps outside 45 yd ln | 2.0 steps behind Back Hash |

Performer: (unnamed) Symbol: X Label: D5 ID:411

| Set | Measure | Counts | Side 1-Side 2 | Front-Back |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | On 50 yd In | 13.0 steps in front of Back side line |
| 1 | 1-8 | 32 | Side 2: On 50 yd In | 1.0 steps in front of Back Hash |
| 2 | 9-12 | 16 | Side 1:3.0 steps outside 50 yd ln | 12.0 steps in front of Back Hash |
| 3 | 13-16 | 16 | Side 1: 2.25 steps outside 40 yd ln | 13.0 steps behind Front Hash |
| 4 | 17-20 | 16 | Side 1:2.0 steps outside 40 yd In | 4.0 steps behind Front Hash |
| 5 | A 21-24 | 16 | Side 1:2.0 steps outside 45 yd ln | On Front Hash |
| 6 | 25-28 | 16 | Side 1: 2.0 steps outside 45 yd ln | On Front Hash |
| 7 | B 29-32 | 16 | Side 1: On 45 yd In | 12.0 steps in front of Back Hash |
| 8 | 33-37 | 20 | Side 2: 4.0 steps outside 50 yd ln | 12.0 steps behind Front Hash |
| 9 | 38-39 | 8 | Side 2: 4.0 steps outside 45 yd ln | 8.0 steps behind Front Hash |
| 10 | 40-42 | 12 | Side 2: On 40 yd In | On Front Hash |
| 11 | 43-45 | 12 | Side 2: On 40 yd In | 8.0 steps behind Front Hash |
| 12 | 46-47 | 8 | Side 2: 2.0 steps inside 45 yd ln | 8.0 steps behind Front Hash |
| 13 | C48-54 | 28 | Side 2: 2.0 steps inside 45 yd ln | 8.0 steps behind Front Hash |
| 14 | 55-58 | 16 | Side 1: On 45 yd In | 12.0 steps behind Front Hash |
| 15 | 59-61 | 12 | Side 1: On 45 yd In | 12.0 steps behind Front Hash |
| 16 | 62-64 | 12 | Side 1: 4.0 steps inside 45 yd ln | 8.0 steps behind Front Hash |
| 17 | 65-66 | 8 | Side 1:4.0 steps inside 45 yd ln | 8.0 steps behind Front Hash |
| 18 | D 67-70 | 16 | Side 1: 4.0 steps inside 45 yd ln | 8.0 steps behind Front Hash |
| 19 | 71-74 | 16 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps behind Front Hash |
| 20 | 75-82 | 32 | Side 2: 4.0 steps outside 50 yd ln | 8.0 steps behind Front Hash |
| 21 | 83-94 | 48 | Side 2: 2.0 steps outside 40 yd ln | 0.5 steps in front of Back Hash |
| 22 | 95-96 | 8 | Side 2: 2.0 steps outside 40 yd ln | 0.5 steps in front of Back Hash |

